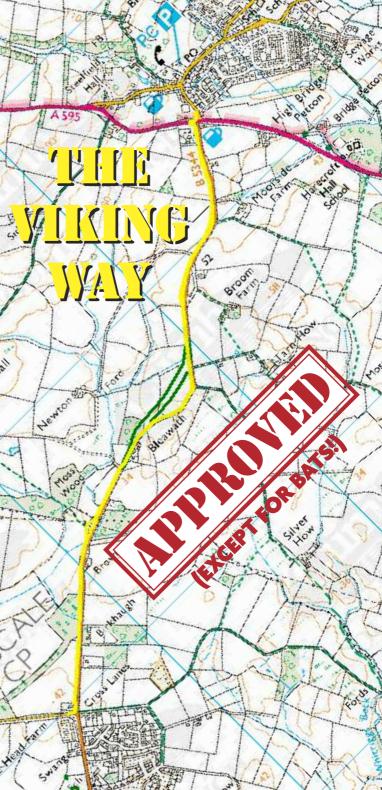


OCTOBER

2014







NOW OPEN for Saturday appointments

Hours of opening

Monday
Tuesday
Wednesday
Thursday

Thursday Friday

Saturday

8.30 - 5pm

8.30 - 6pm

9 - 2.30pm

8.30 - 6pm

8.30 - 6pm

By appointment

Book your appointment today Call 019467 28496

5 South Parade, Seascale CA20 1PZ www.newimageseascale.co.uk





THE MAGAZINE LINKING 3 PARISHES



OCTOBER 2014



FRONT COVER

The R727 Viking Way cycleway "multi-user route" has received planning permission, with only one more survey required – for bats! A strange requirement as no buildings are involved...

Editor: Eileen Eastwood 019467 28653

Production: Trevor Preece 019467 28449 trevor@trpub.net

Welcome to Tethera — an amalgam of Seascale's village magazine and earlier Gosforth and Drigg newsletters. It is being distributed to all homes and businesses in the three villages. Why the name? Well, put it down to the Strands' excellent ale upon a Sunday lunchtime spawning the idea that as we are in a Herdwick sheep farming community an appropriate name relates to the ancient sheep counting system!

Trevor Preece

SFASCALE

We can't grumble about the summer this year. It has been wonderful. The beach has been busy all the time and I am sure the shops, cafes and ice cream parlour have had a good season.

Once again Seascale has proved what a wonderful group of residents we have. Many of you helped raise the money for David Morgan's new vehicle to help him in his voluntary work keeping our beach and village tidy. Groups, individuals and a charity all helped. You are all stars.

The Seascale Parish Council is in the process of having the car park, toilets, part of the foreshore and the bus shelter north of the village assets transferred to us, so as residents they will belong to all of us. Therefore please report to the Parish Council if you see any problems.

The Parish Council is looking for someone to work a few hours a month to repair fences and maintain our play areas and properties.

Christmas Arrangements

The date is 14 December. Time is 4.15pm for 4.30pm to assemble for the fireworks. The lights will be switched on by the Mayor of Copeland after the fireworks.

Refreshments will be served in the pavilion. Do join us there for mince pies and wine or hot drinks, biscuits and juice for the children.

There will be a collection towards the running cost of the lights.

How Low can People Sink?

A few years ago mid-Copeland were given a small amount of money to brighten up the village. We spent it on flower tubs placed around the village. We appealed to the villagers after the first year to adopt a tub.

We had a good response and Barrie Robinson adopted the one by the church and the one by Seascale signpost at the end of Rueberry Drive.

She planted both up and asked Tom Jones to water the one near his house, but it had been stolen. It must have been a van or flatbed lorry. Chris Steele (Perfectly Planted) has kindly replaced the tub and Barrie has planted it up. It was reported to the police but we've heard nothing since.

Eileen Eastwood

Gosforth

Headlines from our recent meetings include addressing local residents' concerns on speeding, parking, lighting and hearing from a local business on future plans.

The Parish Council has been addressing various road

SEASCALE PARISH COUNCILLORS

Eileen Eastwood 28653 21641 **Brian Goulding** David Hallidav 28027 29786 Ken Mawson David Moore 27674 David Ritson 21668 Chris Taylor 07788 248813 07789 905822 Phil Taylor Andrew Williams 28203 Andrew Woolass 28218 Clerk 01946 430887 Ian Turner **Copeland District Councillors** Eileen Eastwood 28653 David Moore 27674

County Councillor

Norman Clarkson 01946 841126

Other Useful Numbers

Cumbria Highways Hotline 0845 609 6609 Copeland Direct 0845 054 8600

GOSFORTH PARISH COUNCILLORS

Chairman

Tyson Norman 25646 (home) 01946 841413 (work)

Councillors

David Ancell	25232
Claire Gallery-Strong	25114
David Gray	25318
Graham Hutson	25477
Alan Jacob	25356
Mike M. McKinley	26267
Graham Parker	25470
Ian Rae	25393
Chris Walton	25526
Dick Wright	25296

Clerk

David Polhill 24327

safety issues including enforcement of the new 20mph limit. We have met with the police and Cumbria Highways to address the residents' concerns, with support from our local County Councillor Norman Clarkson. We are fortunate to be able to access Sellafield-based police, who came to the September meeting and reported that they had undertaken checks at various times of day and night. They found that although some motorists were travelling above 20mph, none were speeding excessively and all were warned rather than receiving tickets. They noted that most of the people caught speeding were residents of the village. Further concerns have been raised by parishioners about speeds outside of the 20mph limit, particularly on Wasdale Road. The Council have asked that the police carry out enforcement here also. We are awaiting the review of the traffic survey done in August by Cumbria Highways and the police have asked that we pass this on so they can pinpoint speeding issues and enforce around those days and times.

We have also been tackling parking. Responsibility for enforcement is split between the Police and Copeland Borough Council. Our local Police officers informed us that they can prosecute for obstruction of the highway and immediate safety issues. The Police are also responsible where footpaths are blocked – we have been told that this can mean where vehicles are parked such that that a pram or wheelchair cannot get along the path. Copeland Council is responsible for enforcement of general parking offences, although they have sub-contracted this to Allerdale. We believe that some of the parking issues are due to the poor condition of the road markings within the village and are pressing the County Council to improve these. In the interim, we have asked the police to take a look through the village at the parking and report back as to whether more action can be taken. We ask our residents to consider other road users and pedestrians when parking and encourage use of the village car parks.

We continue to press on the issue of street and footway lighting but find progress difficult due to the split responsibility between the County and Borough councils. Copeland Council has already taken a decision that it will not maintain any lighting in future for which it was responsible. Some local lighting has been removed as property owners did not wish to have it on their premises. Whilst we share parishioners' frustrations with lighting in some parts of the village, unfortunately, the cost of provision of additional lighting columns is far outside our resources.

We were pleased to hear from a local business, Tendley Quarries, who produce sand and aggregates from the Peel Place Quarry. Quarries receive planning permission to operate for a defined number of years, in the case of Peel Place this was ten years and the current consent ends in April 2015. The building industry has been depressed over the last few years, so Peel Place has only supplied about half the quantity of materials initially planned. They will be submitting an application to extend the life of the works for a further ten years; there will be no changes to the existing site boundary. Parish Councillors were pleased to see the progress that Tendley Quarries have made in restoring areas of the site - a requirement that the Parish Council had asked was placed in the original planning permission.

The Parish Council is always ready to listen to and, where possible, act on concerns parishioners may have. These can be raised through the Clerk (Dave Polhill) or any Councillor – contact details are opposite on page 4 or on the village website (www.gosforthvillage.net). This website has lots of interesting and useful information for residents and villagers and is well worth a look.

AIR AMBULANCES

With regards to the article on Air Ambulance doorstep collections in the July issue, I feel it necessary to clarify which part of the country the North West Air Ambulance serves. While I was riding the Coast to Coast in a Day cycle event from Seascale on the 28 June, the North West Air Ambulance from Blackpool was tending to a cyclist with serious injuries on Hardknott Pass. I live near the Hospital in Whitehaven and regularly see the NWAA helicopter dropping off patients there.

To quantify the distances and times it would take for each Air Ambulance to get to Seascale, The NWAA would take approx 18 mins flight time from Blackpool (47 miles away) and the GNAA would take about 15 mins from Langwathby (39 miles away). The point where the bases are the same distance apart is 2 miles north of Bootle on the A595. Seascale is very much in the North West Air Ambulance's territory. Especially if the Great North Air Ambulance from Langwathby is on a job in Hexham.

SEASCALE SPORTS HALL

The Hall was opened in May 1987 by the Mayor of Copeland and, despite some scepticism, has been flourishing ever since. Local firms, contractors, charitable organisations and people from the area were very generous and with their help we were able to equip the hall for various sports. Regular activities are badminton, tennis, archery, table tennis, five-a-side football and On Side Soccer for

DRIGG & CARLETON PARISH COUNCILLORS

	0110
John Jennings (Chair)	24321
Andy Pratt (Vice-Chair)	24097
Adrian Dalton	24394
Jimmy Naylor	27841
Keith Hitchen	24710
Rob Little	24376
Val de Gaspari	
Gary Creaser	
Clerk	
David Millington	24272
Finance Officer	
Alan Bell	
County Councillor	
Keith Hitchen	24710

various games (a regular dodge ball session is very popular). The soft play equipment and bouncy castle are much in demand for parties for the younger children and these usually take place at the weekend. We have hired the hall out for training purposes and this year it was used as a registration centre for the Open Cycling event in June, when 750 cyclists converged on the village to set out on a 150-mile road ride to Whitby via the Yorkshire Dales, the Vale of York and the North York Moors. We also hire the hall out for occasional users.

Seascale Parish Council own the building and a committee was formed to manage the interior of the hall (finance, maintenance, equipment). There is no Chairman at the moment and the Treasurer, Mrs J. McClemens, holds the diary. All the regular users have their own key. We do need some more committee members and will welcome volunteers. We only have one or two meetings a year, plus the AGM, and tend to correspond by email if there is any problem.

If you are interested in helping on the committee or wish to use the hall for any activity, please contact Jenny McClemens (Tel: 28201) or Pat Kirkham (Tel: 28929).



Perfect place to meet friends, excellent coffee, homemade cakes, light lunches and snacks. Awesome Ice Cream — Cumbrian-style Gelato,

14 different flavours available daily.

Open 10 'til 5 every day. We are no longer cutting hours this winter!

Stockists of Hawkshead Relish, Hampers and Gift Packs available,
Gift Vouchers, great Christmas Pressies

Order your Ice Cream Birthday/Celebration Cakes with Lizzie, call 019467 29918 or email elizabethporter279@btinternet.com

Find us on Facebook Mawsons Ice Cream Parlour & Coffee Shop
Follow us on Twitter @icecreamlizzie



Last Winter's Storms and the Beached Bird Survey

I became a beachcomber in 1945 when our family moved to my father's ancestral home of Aberystwyth. Ever since then, apart from a few years in college and the army, I have lived near enough to the shore to continue my hobby. In 1966 when the Beached Bird Survey was made nation-wide by the RSPB I was recruited as their co-ordinator for Cardiganshire. We moved to Seascale in 1977 and a few years later the late Mike Madders recruited me as a surveyor again, and when he gave up the post office in Eskdale, shortly afterwards to work for the RSPB himself, handed over the baton of Cumbrian co-ordinator to me, which I have held ever since.

In the early days surveys were monthly during the winter and we also had sheets to record any extra unplanned visits year-round. In those days a lot of oil and tar-like material was being discharged into the sea, and seabirds suffered the consequences, but nowadays this is quite rare, at least on our coastline. So the Beached Bird Survey is now an international one every year during the last fortnight in February, with the chance of being called upon for extra patrols in case of an oil or chemical spill or wreck of birds for reasons unknown.

Last winter's storms produced such a wreck when birds were unable to feed owing to the weather or dispersal of their prey species. During the survey some thirty sections of Cumbrian shoreline were surveyed covering 137km and recording a total of 614 dead birds (the average over the last ten years was 72) comprising 352 Razorbills, 178 Guillemots, 5 Herring Gulls, 11 Common Gulls, 2 each Great and Lesser Black Backed Gulls, 4 Fulmars, 30 Kittiwakes, 1 Puffin, 6 Cormorants, 2 Oystercatchers, 21 Auk species, ie either Razorbills or Guillemots.

A few birds had come ashore before the survey and a lot were still coming ashore afterwards. Of all these birds 14 had been ringed at breeding colonies. The only foreign one was a Kittiwake found at Silecroft and ringed at Hornoya, Vardo, Finmark at the far north-eastern tip of Norway on 10-6-2005. All the rest were Razorbills, five from Puffin Island, Anglesey ringed 25-4-1994, 7-7-2001, 4-6-2006, 7-6-2008, and 4-6-2011 respectively; three found at Silecroft and one each at Nethertown and Braystones. Two were from Great Saltee Island, Co. Wexford 11-6-1998 and 8-6-1999 (Foulney Island, Barrow in Furness and Nethertown). Others were from Skomer Island, Pembrokeshire 29-6-1998

(Gutterby), Bardsey Island, Gwynedd 13-6-2001 (Low Moor, Drigg), Calf of Man, Isle of Man 13-6-1996 (St Bees), Isle of Canna, Inner Hebrides 4-7-1998 (Far Arnside), Lunga, Treshnish Islands, Inner Hebrides 22-6-2006 (Braystones), and Leac Buidhe, 10km east of Cape Wrath 2-7-2008 (Gutterby).

These figures are, of course, the tip of the iceberg, the National Co-ordinator having told me that she had a figure of some 30,000 dead seabirds coming ashore from the Bay of Biscay to Shetland. At least we know from the ringing recoveries where some of the birds came from, and field workers will be monitoring breeding colonies this summer to ascertain the effect of the wreck.

If anyone finds a ringed bird and discovers from the BTO the details, please report it to Robin Sellers who is trying to collate all findings in Cumbria for publication (phone 25453) or me (28502). *Dai Morgan*

Seascale School News

Welcome back to the start of a new academic year. We welcome our new Head Teacher, Mrs Avril Spencer, who took up her post on 1 September 2014.

We have had a very busy first couple of weeks; some of the children have taken part in a football and netball festival. The Year 3 children have taken part in a 'Roman' workshop and visited the Roman Dig in Ravenglass.

The KS2 children took part in a 'Circuits Workshop' provided by Sellafield. Our thanks go to them for coming into school and working with the children.

We will be holding our annual 'Coffee Afternoon' where we will be raising money for MacMillan. The children will be performing throughout the afternoon. We look forward to raising lots of money for a worthwhile cause.

A big 'thank you' to AMEC for donating £500 towards our school sports kit. As a school which is very active in sports, the new kit will be greatly appreciated.

The next edition of this magazine is scheduled to be published on the first weekend in March. We are always on the lookout for stories and event dates. The closing date for contributions will be Saturday 7 February.

EVENTS CALENDAR

in and around Seascale, Drigg and Gosforth

For events farther afield in Cumbria go to: www.golakes.co.uk/

- Until 2 November Sunday. Exhibition of Seascale's Pauline Sanders' paintings in Hardknott Bar, Woolpack, Boot.
- **26-1 November Sunday to Saturday.** Halloween Week at Muncaster Castle. Details at www.muncaster.co.uk
- 30-31 October Thursday and Friday. Ratty Ghost Train. £15 adult and £7.50 child all day ticket. Details 0229 717171. www.ravenglass-railway.co.uk
- 1 November Saturday. Stonebridge String Quartet at "Quartets in Wasdale". 7.30pm, Nether Wasdale Parish Church. Admission £10. Children free. Enquiries 019467 26258.
- 1-9 November Saturday to Sunday. Halloween week at Muncaster Castle. Ghost tours must be prebooked at www.muncaster.co.uk
- 1-2 November Saturday and Sunday. Autumn Gift Fair at Ratty. www.ravenglass-railway.co.uk
- 7 November Friday. Fireworks and Bonfire at Seascale Golf Club. 6.45pm bonfire. Fireworks 7pm. Burgers and Hot Dogs available.
- 7 November Friday. Arts Out West children's show "The Elves and the Shoemaker". 6pm, Drigg Village Hall.
- 7 November Friday. Egremont Farmer's, Crafts & Fairtrade Market. 9.30am-1pm, Egremont Market Hall.
- 8-9 November Saturday and Sunday. World War I Centenary Remembrance Event including unveiling of a model of Seascale in 1914. Methodist Church Hall
- 8-9 November Saturday. Rummage sale. 1.30pm. Santon Village Hall. Deliver sales 5.00pm Friday 7 November or phone 019467 26233 to arrange other time.
- 8 November Saturday. Cumbrian Railways Association autumn meeting, Burneside Hotel, Windermere. Speaker Ian Frobisher, Area Director, Network Rail. Details 019467 28296.
- November Sunday. Cumbrian Railways Association field trip. Details 019467 28296.
- 9 November Sunday. Remembrance Sunday. British Legion Act of Remembrance. 3pm, Irton Church.
- 18 November Tuesday. Drigg Local History Group talk "History of the Pharaoh Family in Wasdale and Eskdale" by Paul Pharaoh. 7 for 7.30pm. Drigg Village Hall. Members £1, visitors £2. Information John Dell 25492, Alan Bell 24250.
- 19 November Wednesday. "Lakeland Geology", talk by author Merryn Dodd, for the Cumbria Wildlife Trust. 7.30pm, Seascale Methodist Church. Details from Fiona Galloway 01946 841313.
- 20-23 November Thursday to Sunday. Woolpack Wine Festival.
- 21 November Friday. Egremont Farmers, Crafts & Fairtrade Market. 9.30am-lpm, Egremont Market Hall.
- 22 November Saturday. Christmas Craft Fair. 11am-4pm, Santon Village Hall. Space still available for exhibitors – please contact 019467 24665
- 22 November Saturday. Cine North film screening of "Gravity", a lost in space thriller. 7.30pm, Drigg Village Hall
- 29 November Saturday. Christmas Fair, 2-4pm Gosforth Public Hall
- 29 November (and Nov 30, Dec 6, 7, 13, 14, 20, 21, 23).
 Ratty Santa Express to Dalegarth Gingerbread Grotto to meet Santa. £18.50 adults and children aged 1-11, and £9.75 for

- children aged 12-15. Booked lunches £12.50 adults and £6.25 children. Details 0229 717171. www.ravenglass-railway.co.uk
- 4 December Thursday. Cine North film screening "Lego: The Movie", about Emmet, a Lego minifigure mistaken as a person key to saving the world. 6.30pm, Drigg Village Hall.
- 5 December Friday. Egremont Farmers, Crafts & Fairtrade Market. 9.30am-lpm, Egremont Market Hall.
- 6 December Saturday. Christmas Fair, Seascale Church Hall.
- 6-7 December Saturday and Sunday. Christmas Fayre, Muncaster Castle. £5 adults, £2.50 children.
- 11-23 December Thursday to Tuesday. "By the Light of the Fool Moon". A promenade performance at Muncaster Castle.
- 14 December Sunday. "Light up a Life" service, 3pm, St Cuthbert's Church, Seascale.
- 14 December Sunday. Seascale Fireworks and Christmas Lights switch-on. 4.15pm for 4.30pm lighting of the fireworks.
- 14 December Sunday. Ecumenical Christingle Service, 4pm, St Mary's, Gosforth.
- 16 December Tuesday. Carol Singing for NSPCC. 6pm Holmrook Square. Bring torch. Finishes at the Victoria Hotel, Drigg.
- 18 December Thursday. Arts Out West "It's a Wonderful Life" (stage play of the film). 7.30pm, Drigg Village Hall.
- 19 December Friday. Carol Service, 6.30pm, St Peter's Church, Drigg, led by Phoenix Praise.
- 19 December Friday. Egremont Farmers, Crafts & Fairtrade Market. 9.30am-lpm, Egremont Market Hall.
- 21 December Sunday. Ecumenical Carol Service, 4pm, St Joseph's Church, Seascale.
- 21 December Sunday. Ecumenical Carol Service, 6.30pm, St Mary's Church, Gosforth.
- 24 December Wednesday. Crib Service, 4pm, St Mary's Church, Gosforth.
- 24 December Wednesday. Holy Communion, 11.30pm, St Mary's Church, Gosforth; St Cuthbert's Church, Seascale; St Peter's Church, Drigg.
- 25 December Thursday. Christmas Mass (RC), 9am, St Joseph's Church. Seascale.
- 25 December Thursday. Christmas Mass, 10am, St. Cuthbert's Church, Seascale; St Peter's Church, Drigg; St Mary's Church, Gosforth.
- 16 January Friday. Egremont Farmers, Crafts & Fairtrade Market. 9.30am-1pm, Egremont Market Hall.
- 21-24 January Wednesday to Saturday. GADS pantomime "Jack and the Beanstalk". 7pm (6pm on Saturday), Gosforth village hall. £6 adult, £4 child. Details www.gads.or.uk.
- 13 February Friday. Ratty Fish Supper at Dalegarth. Tickets and supper £10.50 a head. Details 0229 717171. www.ravenglassrailway.co.uk
- 20 February Friday. Egremont Farmers, Crafts & Fairtrade Market. 9.30am-1pm, Egremont Market Hall.

REGULAR EVENTS

Badminton – Seascale. Ladies Wednesdays from 6pm. Mixed Thursdays 8pm. Beginners very welcome. Seascale Sports Hall. Details from 019467 28435

- Children's Craft Club. Meets every Wednesday during term-time for children in the infant classes, from 5pm to 6pm, at Seascale Methodist Church Hall. Contact Jackie on 29785 or Allison on 21935.
- Gardening Club. Holmrook Reading Room. Contact John Dutton on 24317 for details or to join.
- Fishing Club. Holmrook Reading Room. Contact Syd Roberts on 28655 for details or to join.
- Fitness Classes. Tuesdays 6-7pm, Seascale Sports Hall. Tuesdays 7.30-8.20pm Beckermet School. Thursdays 7.15-8.05pm Kettlercise, Seascale School. £4 a class. Contact Gill 07511 995184
- Gosforth and District Art Society. Every Monday but with breaks for Easter, summer and Christmas. 6.45-9pm, Gosforth Village School. Also Thursday mornings 10am to 12am in Seascale Methodist School Room. Contact Jakki Barratt: jakki@karletta.co.uk.
- Gosforth Short Mat Indoor Bowls Club. Every Wednesday from 2pm to 4pm in Gosforth Village Hall. New members welcome, spare bowls available. Flat soled shoes preferred.
- Guides. Every Tuesday during school term time. 7.15-8.45pm, usually at Gosforth Public Hall. Contact: Sue Smith 019467 28265.
- Jam Side Up Jazz Jam Session. Third Friday every month. Calder House Hotel, Seascale. From 8.15pm. www.jamsideup.net or 01967 28619 for more details. Admission free.
- Line Dancing. Every Monday. 7.30pm, Windscale Club, Seascale. £2 pp donation to charity. Contact 019467 28449 for details.
- Messy Church. Run jointly between St Cuthbert's and Seascale Methodist Church and meets on the second Saturday of each month in school term in St Cuthbert's Church Hall at 11am to about 1 pm.
- Music Jazz Club. Thursdays. Holmrook Reading Room, 7.30pm. Own instrument needed. Contact Peter Smith on 01946 822489.
- Music Jam. Jam at the newly refurbished Wheatsheaf in Egremont.

 Come along and join in the fun if you can, between 7pm

 Tuesdays and let's say ... late. Ask for me when you arrive, if
 you want to play. Bring your gear. Val. 07974 418325.
- Open Mic Night Strands, Nether Wasdale. First Wednesday every month. 9pm start. Live music by various singers and groups.
- Open Mic Night Florence Mine, Egremont. Third Wednesday of each month. Great atmosphere, all gear provided. Just turn up.
- Open Mind West Lakes U3A General Meeting. Third Thursday every month 10.15am for 10.45am in Gosforth Public Hall. Membership is £5 per year which covers membership for all the groups. In addition there is a small admission charge for each U3A meeting. Contact: Graham Brassington 25794.
- Open Mind West Lakes U3A History Group. First Wednesday every month at 11am in Drigg Village Hall. Contact: David Huyton 01946 841362.
- Open Mind West Lakes U3A Discovery Group. Fourth Wednesday every month 10.15am for 10.45am in St Mary's Room. Contact: Graham Hutson 25477.
- Open Mind West Lakes U3A Singing for Fun Group. First Thursday every month 2.30pm to 4pm in the Methodist Church Hall, Seascale. Contacts: Gavin Walker 26474 or Xandra Brassington 25794.
- Open Mind West Lakes U3A Art Appreciation Group. Second Thursday every month 10.30am in St Joseph's Church Hall Seascale. Contact Jean Taylor 28713.
- Open Mind West Lakes U3A Mah Jong Group. (House Group Gosforth) Second and fourth Mondays every month from 2pm

- to 5pm. Contact Xandra Brassington 25794.
- Open Mind West Lakes U3A Reading Group. (House Group Gosforth) Fourth Thursday every month between 10.45am and 12.00noon in a private house. Contact: Jean Taylor 28713.
- Open Mind West Lakes U3A Discussion Group. Third Tuesday every month between 10am and 12noon in a private house. Contact: Graham Brassington 25794.
- Open Mind West Lakes U3A Photography Group. Second Tuesday every month in the Beckermet Reading Room at 10.15am for 10.30am. Contact: Tony Bagnall 25595.
- Open Mind West Lakes U3A Walking Group. Third Friday each month. Easy walks are regularly arranged usually starting at 10.00am and last about 2 hours. Contact: Joan McIntosh 25459.
- Over '60s Lunches. Strands, Nether Wasdale. Monday to Thursday, noon to 2.30pm. One course £5, 2 courses £7, 3 courses £9. 019467.
- Open Social Run. First Sunday every month, 9.30am. Seascale beach or cinder track, starting from car park. Organised by Blengdale Runners and open to anyone who can run three miles or more at any speed.
- Play Club. Holmrook Reading Room Play Park Contact Caroline Marsden to let your children use it.
- Rangers. Every Tuesday during school term time. 7.15-8.45pm, usually in supper room at Gosforth Public Hall. Contact: Sue Smith 019467 28265.
- Saturday Coffee Morning. Seascale Methodist Church Hall, 10-11.30am.
- Scottish Country Dancing. Windscale Club, Seascale. Every Wednesday from September to April at 7.30pm. Beginners very welcome.
- Scouts/Cubs/Beavers: 2nd Seascale Scout Group. Every Thursday night in school term time. St Cuthbert's Hall. Beavers (6-8 years), 5-6pm. Cubs (8-10 years), 6-7.30pm. Scouts (10-14½ years), 7.30-9pm. Contact: 28296 or info@seascalescouts.org.uk
- Seascale Art Group. Monday mornings (except Public Holidays) 10am-12noon in the Games Room at the Windscale Club. Call in if interested.
- Seascale Knitting Group. Fortnightly meetings on Wednesdays 6.30

 8pm at the Windscale Club. £1 per session. For more information contact Penny Cater penelope_cater@btinternet.com
- Seascale Parish Council Meetings. First Wednesday every month.

 7pm in the Methodist Schoolroom. No meeting in August unless there is urgent business.
- Seascale Women's Outlook. Alternate Tuesdays in term time at 8pm in the Methodist Hall. All ladies welcome. Contact Glenda on 28404 for programme.
- Table Tennis Club. Wednesdays. Holmrook Reading Room, 6.30-7.30pm. All welcome to turn up or contact David on 24632.
- Tuesday Chat. First Tuesday every month. 2-4pm. Drigg & Carleton Village Hall.
- West Cumbria Guild of Model Engineers meetings. Second
 Wednesday every month. Harrington Fishing and Sailing Club,
 7.30pm. Visitors welcome. Details: 019467 28938.
- West Cumbria Guild of Model Engineers train running on Curwen Hall Park track. Sundays 2-3pm in fine weather.
- WI, Seascale. Seascale Methodist School Room. 7pm each month except January, February and December at 2pm.
- Wild Flower Meadow. Holmrook Reading Room. Phone 24105 to be involved. Supervised children welcome.

Seascale Scottish Country Dance Club

Our country dance club has been meeting weekly in the Windscale Club, Seascale for over 50 years.

The picture shows the end of season dance in May when members from other clubs, as far afield as

Penrith and Barrow, joined us for a very enjoyable evening.

We meet every Wednesday at 7.30 in the Windscale Club from 3 September. New members

are made most welcome and the good thing about country dancing is that all you need is a pair of soft shoes or light trainers. It's a very social evening, you don't need a partner. All you need is a desire to get out for an evening to enjoy yourself in the company of like-minded people.

If you're interested please just come along or contact one of our committee members.

Chairman: Jimmy Young 01947 628155 Secretary: Joan McIntosh 019467 25459 Treasurer: David McCrindle 019467 24006

Tethera is looking for volunteers to help distribute future magazines in Seascale, and possibly 'reserve' volunteers for Gosforth. No more than an hour's commitment. Trevor on 28449

ROUTE 6 LOCAL BUS SERVICE

A major change is happening to our local bus services as a result of the subsidies being withdrawn from the operators. This has resulted in Stagecoach withdrawing completely from providing the number 6 service which ran between Muncaster and Whitehaven. Fortunately the bus operator Reays has come forward and will run a number 6 service but only between Seascale and Egremont. However route 20 will provide a connecting service, operated by Reays, between Egremont and Whitehaven. While in Egremont the number 6 bus will do a town service run before returning to Seascale; this will not be part of the route between Seascale and Egremont so will not affect journey times. Through tickets to Whitehaven will be available provided both parts of the journey are done on Reays buses. Other bus services from Egremont serve Cleator Moor, West Cumberland Hospital, Workington and Maryport so connections to them are possible. The times given on the table are those given recently to councillors during discussions with council officers and may be altered at any time. See table on page 62.

This new timetable leaves the area south of Seascale without a service except for that served by the Muncaster Microbus. To make use of it for shopping trips to Whitehaven on Tuesdays and Thursdays they can be booked on 01229 717229. This service is run by volunteers and in order to sustain it and expand the services it provides more volunteer drivers are required. If anyone is interested in driving this bus they should contact Liz Clegg on 01229 717229.

WEST CUMBRIA CONCERT GOERS

(ConGo for short) — a good way to find out about classical music concerts taking place in this area. The newsletter (essentially a list of concerts in date order) is now available FREE. To receive your copy contact David Killick on 26258 or killick.wasdale@btinternet.com.

TUESDAY CHAT

Tuesday Chat is a social afternoon held on the first Tuesday of the month, in Drigg & Carleton Parish Hall, 2-4pm.

TEA & CHAT MUSIC & ENTERTAINMENT SPECIAL EVENTS

Everyone is very welcome to come along to meet up with friends and neighbours and enjoy Afternoon Tea. There's no charge – donations towards costs and also any cakes & biscuits for the refreshments will be welcomed.

Fair trade goods are usually available on the 'Traidcraft' stall, or to order.

PEOPLE OF ALL AGES ARE WELCOME TO COME ALONG

Gosforth Hall 2014 Christmas Menu

Starters

Curried Parsnip Soup with Onion Bhaji & Mint Yogurt Spiced Mulled Wine poached Pear and Blue Cheese Mousse, presented with Rocket Salad & Cheese Beignets

Ham Hock Persillade, a pressing of Ham Hock & Wensleydale Cheese, Micro Salad, toasted Brioche & Piccalilli

> Prawn and Smoked Salmon cocktail in a Marie Rose Sauce Served with Brown Bread

Main Course

Roast Turkey with Homemade Stuffing, Roast Potatoes, Yorkshire & Cranberry or Apple Sauce

Roast topside of Beef with a Red Wine Jus

Pan Fried Trout Fillets, wilted Spinach & Almond beurre noisette
Wild Mushroom and Pecan Nut Risotto with Rocket, Parmesan Salad
& Balsamic Reduction

Rod's Turkey Dinner Pie filled with Turkey, Chipolata Sausage, Stuffing & Cranberry
Steak and Stilton Pie. The legendary Pie with a rich Stilton & Steak filling
(All meals are served with seasonal Vegetables, Roast Potatoes,
Yorkshire & Mash where appropriate)

Dessert

Christmas Pudding with Brandy Sauce and Rum & Raison Ice Cream
Double Chocolate Torte with Griotten Morello Cherries in Kirsch
Tutti Frutti Iced Parfait, Tulle Biscuit, Cappuccino Anglais
Lemon Cheesecake with Orange Sorbet & Citrus & Mint Salad

£19.95

£10 per head deposit & meal selection required 1 week prior to reservation

019467 25322 Gosforth CA20 1AZ

A Stupid Idea ?!

lave you ever had an idea that in your heart you know isn't overly sensible, but for some reason it eats away and you just know that it won't go away until you have done it? Maybe this was easier to realise for me as this wasn't the first time something like this had happened, in fact it wasn't even the second time, but the third. However for this little story we will stick to this, the latest "Stupid Idea."



Where did it spring from? Well that's easy, it started just over 13 years ago when one of the Doctors I work for asked why I went to places like Nepal, Poland and Morocco to walk when there were scores of well serviced routes in Spain called "Caminos", which, to be honest, at the time I had never heard of. So, one day I Googled Camino de Santiago and a map came up showing all these routes. Soon after, my friend Stevie and myself found ourselves on a Buzz flight to France to start walking the Camino Frances, approximately an 850k route from Saint John Pied de Port to Santiago de Compostela, this being the start of a Camino walking career that was set to span well over a decade. Very soon in this career, I discovered that a "Real Camino" actually started out of your own front door, so that was it – The worm well and truly planted.

The next thing was to turn the idea into a reality and this proved to be almost as hard as the walk itself, even though I started the process well over a year before my start date.

First I had to plan a route from my home in Cumbria to Plymouth by utilising as many of the long distance paths that ran in roughly the right direction (from Plymouth I knew that I could catch a ferry to Santander and from there, follow The Camino Norte, a marked route to Santiago de Compostela,). Once I had done this and calculated it was about 550 miles, I had to break the route down into manageable daily stages and came up with a timescale, 5 ½ weeks to

Plymouth, then another 4 $\frac{1}{2}$ for the Spanish section. Then I had to sort out respite care for my Mother which proved to be harder than I thought and I ended up roping friends and family in to help. Then there was the time off work to arrange and this proved to be even harder.

Sometime during all this I realised that the English section was going to cost me a fortune in B & B's. I was doing the walk for my usual charity, Cancer Research and Drug Development at The Royal Marsden Hospital and this was my 20th annual walk raising money for them. They had always asked if I needed any assistance to which, in the past, I had said that I didn't need anything, so this time I asked if they could source me a support vehicle to sleep in. A few weeks later they informed me that this was all arranged with drivers so I went ahead and fine tuned my plan.

My friend Sid wanted to walk the first 200 miles with me, so he arranged his time off work. Another friend, Stevie arranged to meet me in Devon where he now lives and walk from there with me all the way to Santiago de Compostela and arranged his time off work. I bought maps and guidebooks and all was going well. Then The Royal Marsden dropped the bombshell and told me that the support vehicle had fallen through and there was nothing more that they could do. So this left me up the proverbial without a paddle. Here the Whitehaven News stepped in and tried to help me source a replacement vehicle. Radio Cumbria also tried to help, but alas, nothing was



forthcoming and as I had planned the route without regard to accommodation and hadn't left sufficient time to divert, often many miles to where accommodation was available, I was starting to panic a bit.

Then Rod and Barbara at the Gosforth Hall Inn came forward and offered me use of their old courtesy bus, which I gratefully accepted and with help from my friends, we converted this into a very useable support vehicle. So all I now needed were drivers.

I again put out appeals but nothing was forthcoming, so it was a case of roping in friends and

family and here I have to say a Big Thank You to everyone that stepped in. I also have to thank Bill Lee at Egremont Rotary Club for all the hard work he put in to find me overnight car parking and support from many Rotary Clubs en-route and Jim Balmer at The Barn Door Shop, who helped me source some kit for the walk as well as Sean Pennington of Gosforth Taxis for giving me money towards

diesel and not forgetting David Moore who kindly gave me timber for the courtesy bus conversion.

So on Saturday 29 March, Sid and myself set off. And yes, I did complete the walk, all 1,000 miles of it. Was it "A Stupid Idea"? Well you tell me!

Some of you may have attended the slideshow that I put on in The Methodist Schoolroom in Gosforth on 9 October and seen the slides and heard about the walk itself – If you didn't make that, and I haven't bored you all too much with what I have written so far, then I might get around to writing a few more lines about the walk in here. Just let me know:-)

Best regards, Rob Steele



NOW STOCKING
THE SUPER
QUALITY OSMO
OIL AND WOOD
FINISHES



MANUFACTURER OF BESPOKE WINDOWS, DOOR<mark>S, STAIRCASES, SKIRTINGS ETC</mark>

Timber suppliers, hardwood, softwood, treated decking & posts.

Sheet materials, plywood, MDF Doors, locks, handles etc

Fixings

Leyland & Johnstone's paints, varnish, woodstain etc

Silicones, mastic, glue, Danish oil, teak oil Hand and power tools

Key cutting in store

www.jdmoorejoinery.net

OPENING HOURS

Monday to Friday 8am to 4.30pm Saturday 9am to 12pm Free local delivery

Row Mill Works Gosforth CA20 1BQ

Tel/Fax: 019467 25692

Email: jdmmoorejoinery@gmail.com





Lady Mayor Eileen Eastwood kindly paid Seascale Brownies a visit on Tuesday night, 30 September, and gave a very entertaining talk. The girls all loved it and got to try the (solid gold) chain on!

News from Seascale Brownies

We have all returned from the long summer break and extend a warm Brownie welcome to all the new Brownies that have joined us.

They are all ex Rainbows and this larger the normal intake means that Brownies is now full and we have a waiting list. It's nice to be able report in the year Brownies have celebrated the BIG BROWNIE 100TH BIRTHDAY that Brownies are still very much in demand

After all the excitement of earlier in the summer of all the birthday celebrations (including an unforgettable day at Muncaster Castle) we ended the summer term with the usual visit to Seacale beach (ice cream is mandatory!). We had lots of fun at a 'It's a Knockout' style evening, all of the Brownies completing the challenges to gain the Brownie Birthday badge.

The last event of the summer term was a joint Sleepover with Gosforth Brownies at Gosforth School .The rain didn't dampen our spirits and we at least managed to get outside to play and let off a bit of steam!

We held a nice Brownie Birthday Tea party complete with a lovely birthday cake. The girls did lots of crafts and even made their own pizzas for tea. The evening was rounded off with a DVD, the girls had a lovely time and made lots of new friends.

Sadly at the Sleepover we said Good Bye to one of our Leaders, Sarah Huddleston. Sarah has really been a big part of Seascale Brownies, a Brownie herself then a Guide. She became our young Leader and then became a fully fledged Leader. We will all miss her energy and enthusiasm but we really do wish her well in her new job and new home-Thank you Sarah! Brownie Greetings from Jennifer Matches

Bex Mobile Hairdressing

Have your hair done in the comfort of your own home.

Affordable prices and discount for seniors and family bookings.

07785 318003

CELEBRATE * CHRISTMAS IN STYLE AT IRTON HALL



CHRISTMAS PARTY MENU

SERVED FROM THE 1ST OF DECEMBER £24.95

STARTERS

Cock-a-leekie Soup served with warm bread Galia Melon aged port and orange sorbet Chicken Liver Pate sweet Cumberland sauce, salad and warm bread

MAIN COURSES

Roast Cumbrian Turkey served with sausage stuffing, pigs in blankets, goose fat roast potatoes and all the trimmings

Wild Mushroom & Goats Cheese Cannelloni with crisp leeks and parmesan froth

Baked Salmon accompanied by a tarragon and white wine sauce

DESSERTS

Christmas Pudding served with a double brandy sauce
Old English Sherry Trifle
Lemon and Lime Cheesecake
Apple and Cinnamon Crumble & Custard

All served with fresh ground Columbian coffee and homemade mince pies



In the heart of Lakeland's most lovely countryside, 14th century Irton Hall is the perfect destination for your Christmas celebrations! Enjoy a delicious festive lunch with family and friends – and relax in our friendly bar, which serves the best real ales in enjoyable surroundings!

TRADITIONAL 5 COURSE CHRISTMAS DAY LUNCH £54.95 per person Book Your Table Now! 01946 726025







Opening Times Food Served Sunday to Thursday Bar & Restaurant 12:00-9:00pm Friday & Saturday Bar & Restaurant 12:00-9:30pm Please book a table for Friday & Saturday to avoid disappointment

New ATV for Beach Cleaning

took delivery of a new Powerup 500cc All Terrain Vehicle (supplied by Metcalfe Developments of Dalston) on 13 August. It was purchased



with funds raised by some wonderful people who thought it would make my litter picking easier, which it certainly has done already.

Things kicked off on 16 May with a six-hour Line Dance Marathon at the Windscale Club by the Seascale Stompers where after masses of sponsorship and raffle ticket sales (many of the prizes had been donated by local businesses) they raised £2,000. Then Dawn Dennet arranged a donation from the Drigg LLWR of £1,000 and raised a large sum in addition from a cake stall. The final amount of over £1,000 came from the Turnpike Charitable Trust. Many other donations came from Women's Outlook, Seascale WI, Scottish Country Dancing, local residents and businesses.

You will see from the pictures the type of litter that is cleared – old fish-boxes, plastic lobster pots, polystyrene frozen-fish boxes, a broken surf board, an old dustbin and hundreds of plastic bottles, bits of old rope and fishing net etc. At the time of writing, three weeks into its life I've been able to clear some forty-nine sacks full of rubbish along with large items from the beach between Low Moor and the "Mile Post" south of the River Calder.

My thanks to all concerned in no matter what role, including Seascale Parish Council who acted as bankers, negotiators and purchasers. You have restored my faith in human nature!

Dai Morgan



Seascale Stompers Rallied to the Cause

Just like line dancers up and down the country and overseas, the Seascale Stompers in Cumbria are continuously raising funds for lots of causes, it's what line dancers do, but this one's for the village. Gordon Duckworth told us: "A village resident has, for a few years, been seen up and down the beach and surrounding areas picking up litter and washed up debris and removing it in black plastic bags all in his own spare time.

The man's name is David Morgan, affectionately known as 'Dai'. It has been highlighted in the village magazine, that after the recent storms of late, David, and his helper, also called David, could not cope with the amount of rubbish that appeared on the beach and the beach car park. In 2013, David collected a total of 503 sacks of various types of rubbish, on his 'litter picking escapades'. David mentioned that to have a guad bike to carry his sacks was one of his dreams. Well, when this came to the notice of the line dancers, wheels were set in motion. The three ladies, who voluntarily run the classes, quickly began to organise a 'line-dance-a-thon' and the class of some fifteen line dancers held a continuous six-hour dance session. Local shops and businesses were approached for donations of gifts for raffle prizes and the response was fantastic. Dancers had sponsor forms to approach family and friends, again the response was fantastic. The Stompers are led by Mim Singleton, Janet Fleet and Christine Dunbabin.

The event coincided with David's birthday, pictured in our July issue cutting his cake with the Mayor of Copeland, Mrs Eileen Eastwood. The total amount raised was £2000, well on the way to fulfilling David's dream, and leaving the 'stompers' pondering on what's next. Line dancers are good at doing two things — raising money for good causes and enjoying their dancing, even when they get the steps mixed up. Long may it continue.





BAR AND CATERING

Fantastic new eating venue.
Fully refurbished bar and lounge area
(families welcome).

New Chef with an exciting menu range (takeaways available).

Popular Steak Night every Thursday 6.00 to 9.00pm (book early to avoid disappointment).

All food locally sourced to ensure best quality for you.

Excellent value, keenly-priced food and drink.

FUNCTIONS

Christenings \cdot Birthdays \cdot Retirements \cdot Weddings Whatever your event we can make it a perfect day.

CONFERENCE VENUE

Seating for up to 24.
Lunches and refreshments throughout the day.
Wifi

Wifi. Projector & screen.

Flip charts.
Team building exercises catered for.
Privacy and service.

Unbeatable rates.

Tel: 019467 28202

Email: seascalegolfclub@gmail.com Visit our website: www.seascalegolfclub.co.uk



WINTER GREENFEES

Full Round £20 weekdays. £25 weekend & bank hols Late Start golf from £10

Four Ball Specials weekday £64 (Sat only £80) Four Ball Winter Warmer, 18 holes of golf, Soup and Sandwiches or Coffee & Bacon Buttie £80

Catering and buggies available Excellent Driving Range Good Par 3 Short Course



LONNING FOR RECOGNITION.

Squeezed Gut Lonning

I'm Alan Cleaver, a freelance journalist living in Whitehaven. I have a particular love of folklore, local history and natural history.

The businesses and people of West Cumbria often moan that the tourists stop at Keswick and won't come and spend their tourist pound in West Cumbria. Or if they do come here it is to dash through Gosforth at 60-plus mph at 3am as they race to 'do' Scafell Pike and then race off again to 'do' Snowdon. Some say it is because this region doesn't have the prettiness of Grasmere or natural beauty of Ashness Bridge. Nonsense. Of course it does, hence Wasdale being voted as having Britain's favourite view. The challenge for West Cumbrians – indeed anyone – is to see the beauty that is right under their nose. As an outsider (I'm from Rugby, Warwickshire – a part of the world so ugly Charles Dickens



nicknamed it 'Mugby') I can perhaps see that beauty a little easier. So let me point out just one of your local treasures: lonnings.

I can almost hear your groan of disappointment. "Oh those – but they're just country lanes." Well bear with me as I try to show you these lonnings afresh, explain why tourists from all over the world would crawl over hot coals to reach them. And why you need to act now to protect them.

First, what is a lonning? It is a dialect term for a country lane. Most are short, no more than half a mile long; Guards Lonning, which runs from Gosforth into Wasdale is one of the longest at nearly two miles long. Some have specific names such as Brownrigg Lonning at St Bees, Rakes Lonning at Beckermet or Church Lonning in Eskdale. But all paths are 'lonnings'.

I'll start with one of my favourites: Low Lonning at Gosforth. It starts on the Wasdale Road out of Wellington (up a bit and opposite Guards Lonning). Like most lonnings you won't find it named on a map or a signpost. That's part of their magic and mystery. Everyone in Maryport knows where Fat and Thin Lonning can be found but no stranger will find them on a map, Google Earth or their Sat-Nav. I expect the people of Gosforth rather wish Scafell Pike had similarly been left off the map. Follow the public footpath sign from the Wasdale Road and after a short while you will reach a farm. A very friendly sheepdog usually comes out to say hello. Then heads off to the left over a gate and down into the lonning proper. At times it is a very narrow path. Rejoice in this. Most tourists from abroad don't have narrow paths and are charmed by this very English characteristic. From Low Lonning are stunning views across to Wasdale and its screes. The lonning itself is about quarter of a mile long taking in an abundance of flora and fauna. (particularly good for blackites in the autumn). Once you reach the end you take the lane over an ancient bridge and back to the Eskdale Road. Turn right and you can return along the road to Wellington.

Low Lonning is marked on 19th century maps and the lonnings of Hallsenna have an equally impressive pedigree, appearing on an estate map of 1798. Great Lonning is now the single track that leads from the A595 to the Hallsenna estate. It won't be long I



suppose until this is widened, tarmacked and will probably have traffic lights put on it. Such is the fate awaiting most lonnings in this modern age. It has to be said that footpaths around Hallsenna are in a shameful and, almost painfully, neglected state. You'll be hard-pressed to find a signpost yet alone the path itself. Such is the case with the affectionately-named Squeezed Gut Lonning. The track is marked on the OS map and the entrance to it is by the first 'lay-by' on the left as you go down Great Lonning. But you're unlikely to make any headway into this chocked up path (or many of the others in the vicinity). And yet





amidst all this neglect is the exemplary Little Lonning. This is a short, gated lonning – a signpost precariously hanging on at the entrance - in the middle of the Hallsenna complex. The folk who live nearby must be the ones caring for Little Lonning as it has a fairytale beauty. I'm not normally a fan of people who sanitise the wild countryside but this is done so well. Years ago there was a fierce dispute in Greysouthen over neighbours wishing to close off Jenny Lane Lonning which ran beside their gardens. The neighbours lost and ugly wooden fences now protect their privacy. And yet Little Lonning shows what an asset a lonning at the end of your garden can be. Indeed, I should think it could add some serious value to the price of your house. Little Lonning may not be very long - and the footpath it goes to suffers the fatal neglect of Squeezed Gut Lonning – but it is well worth a visit. An absolute delight.

West Cumbria is resplendant with such treasures as Lovers Lonning in St Bees, St Helena Lonning in Egremont, Primrose Lonning in Whitehaven and Billy Watson Lonning in Harrington. I've listed named lonnings on an online map (just Google Cumbria Lonnings) and am so far in my year-long research I am up to about 100 spread throughout Cumbria. For many of these lonnings it is literally the first time they have appeared on a map. Some are 'dying' through neglect, others are dying because of overuse and being 'upgraded' to minor roads. But many are in fine order, each with a character of their own some wide open to the elements, others tunnel-like green lanes. If you know of any I've missed do let me know via alanjcleaver@gmail.com or 57 Church Street, Whitehaven CA28 7EX).

Now is a good time to take stock of our lonnings, give them a bit of a tidying up and start promoting them so tourists can share in our very local delights.

By Alan Cleaver, who is the author of a couple of books on Lonnings which can be purchased from Lowes Court Gallery, Egremont.

SEASCALE CRICKET CLUB - 2014 SEASON REPORT

First XI

The First XI finished a creditable 4th in Division 1 of the North Lancashire and Cumbria Cricket League. The League is to be reorganised next season and this 4th place has meant promotion to a higher standard, 8 team Division 1 for 2015.

2014 Playing Record

Date	Home Team	Score	Away Team	Score	Result
19/4	Cleator II	183	Seascale	90	L (93 runs)
	(S.Brown Snr 4/42)				
26/4	Seascale	121/2	Hawcoat Park	120	W (8 wkts)
	(A.Brown 51		(D.Lee 4/33)		
	D.Lee 57)				
3/5	Kirkby	127	Seascale	140	W (13 runs)
	(S.Brown Snr 6/51)		(S.Brown Jnr 55)		
10/5	Dalton	228/3	Seascale	34	L (194 runs)
17/5	Seascale	202/8	Haverigg II	119/7	Winning
	(L.Fleet 59				Draw
	A.Brown 61)				
24/5	Vickerstown	154	Seascale	119	L (35 runs)
26/5	Seascale	189/7	Workington II	101	W (88 runs)
	(M.Fidler 46)		(D.Lee 4/49		
			S.Brown Jnr 4/47)		
31/5	Lindal Moor II	168	Seascale	250/6	W (82 runs)
			(A.Brown 79		
			D.Lee 71)		
7/6	Seascale	DNB	Lanercost	DNB	RAIN
14/6	Cockermouth II	106	Seascale	204	W (98 runs)
	(C.Lee 6/15)		(S.Brown Jnr 45)		
21/6	Seascale	180/7	Millom	184/6	
28/6	Seascale	207/9	Lindal Moor II	194	W (13 runs)
	(A.Brown 101)				
5/7	Lanercost	62	Seascale	64/5	W (5 wkts)
	(D.Lee 7/35)				
12/7	Seascale	159/7	Cockermouth II	DNB	RAIN
	(A.Knott 80 no)				
19/7	Millom	227/3d	Seascale	62/7	RAIN
26/7	Seascale	112	Kirkby	116/5	L (5 wkts)
2/8	Seascale	DNB	Dalton	DNB	RAIN
9/8	Haverigg II	184	Seascale	133	L (51 runs)
16/8	Seascale	48/2	Vickerstown	47	W (8 wkts)
22.70		217 /0	(D.Lee 7/16)	107	1 (110
	Workington II	217/8	Seascale	107	L (110 runs)
30/8	Seascale	168/6	Cleator II	167	W (4 wkts)
	(A.Brown 47)	10.4	(S.Brown Snr 6/25) / / / / / · · · · · · · · · · · · · ·
6/9	Hawcoat Park	104	Seascale	129	W (25 runs)
	(S.Brown Jnr 6/15)				

Adam Brown was the only batsman to make the League batting averages (qualification 300 runs at an average of greater then 25.0) hitting 589 runs from 19 innings, at an average of 31.0. In addition to 3 fifties during the season, he also hit the only century of the year, 101 at home to Lindal Moor Reserves.

Two Players made the League bowling averages (qualification 30 wickets) – skipper Steve Brown Snr taking 33 wickets @ 16.5 runs each, and Daniel Lee taking 43 wickets@ 11.4 each.

Wicket Keeper Andrew Knott with 23 dismissals (18 catches and 5 stumpings) won the League award for the most dismissals for the season in Division 1.

Midweek Teams

The Club again ran two teams in the local midweek league, both finishing mid-table. One of the teams (playing as The Windscale Club) won the League Cup competition beating favourites and League champions Sandwith Roofing in the final held at Whitehaven CC. Batting first Sandwith were restricted to 120/7 from their 22 overs thanks to some tight bowling and fielding. Windscale Club then knocked the runs off in 18.1 overs thanks to Paul Knott (30 retired), Adam Brown (30 retired) and Daniel Lee (23 not out).

The other team (playing as Seascale Juniors) had some memorable games during the season, winning 2 of them off the last ball of the game. Notable contributions from juniors during the season came from Reece Robinson, Luke Birchall, Connor Lloyd, Harry Whitfield and Jake Huddart.



Winning Three's Company Team. Back Row (left to right) - Andrew Knott, Alan Kirkham, Andrew Holburt, Phil Robinson, Andy Lee (captain), Dave Birchall. Front Row (left to right) - Adam Brown, Daniel Lee, Reece Robinson, Connor Lloyd, Luke Birchall.



Seascale Post Office 019467 28218

Get free cash withdrawals HERE

From accounts

with

HSBC 🔀

ソር The Royal Bank **እና** of Scotland NatWest



TSB

Selected business accounts may be charged by their bank. Not all accounts available.



Find us on: facebook

www.facebook.com/SeascalePostOffice

Junior Teams

For the first time in several years the Club were able to run an under-11 team in the local Junior League. They had a tough start to the season owing to their relative inexperience, facing strong sides from Egremont and Cockermouth. They did, however, work really hard, especially in practice, and got their rewards winning 2 of their last 3 games. Jay Connor was awarded player of the season and Jessica Robinson was awarded most improved player of the year. We look forward to next season where we are trying to enter an under 13 team as well as keep the under 11 team. We are also going to restart plastic ball cricket for children in years 3 and 4. More details will follow in the next newsletter.

Three's Company

The Club hosted this years Three's Company competition, held annually between Seascale, Gosforth and Calderbridge in the form of three 20/20 games between the three teams.

Seascale first game was against Calderbridge. Batting first they made 132/7 in their 20 overs, Daniel Lee top-scoring with 31 retired. Calderbridge made a spirited reply of 112/5, falling just 20 runs short.

This set up a final against Gosforth, who earlier on

in the day had also narrowly beaten Calderbridge. Once again Seascale batted first but were restricted to 110/5 from their 20 overs, Adam Brown topscoring with 32 retired, Daniel Lee hitting 30 retired and Dave Birchall chipping in with 25 not out. Gosforth were up with the required run-rate throughout the innings and despite Daniel Lee taking 3/12 and Luke Birchall 2/25, were on 88/7 off 15 overs, needing just 23 to win off the last 5 overs. Seascale's keeper turned bowler Andrew Knott then took the last 3 wickets to fall from 2.1 overs, Gosforth finishing 14 runs short on 96 all out. So Seascale retained the cup they so narrowly won the previous season

Next year it's Calderbridge's turn to host what is becoming an even more popular competition.

The Club will be holding its annual Christmas function on Saturday 20 December at the Windscale Club. Back by popular demand will be WEATHERED ROCK. Included in their new line-up is none other than local singer/musician Niall Patterson, and there'll also be a disco provided by Ultimate Sounds from Whitehaven. Tickets will be priced at £8 and will be available from behind the bar at the Windscale Club or from Committee members (tel: 28352, 27864 or 28292).

9.5 MILLION REASONS TO BE CHEERFUL!

Reading the obituaries page of The Daily Telegraph recently I discovered I had something in common with 'Debo', the Dowager Duchess of Devonshire. We both disliked drivers who slow down for cattle grids. 'They're obviously trippers' I hear you cry 'and they're closely related to the people who take camper vans the size of blocks of flats on valley roads designed for the horse and cart and who further hold up the traffic by having picnics in passing places on Birker Moor.'

The nine and a half million tourist visitors who come to West Cumbria each year leave almost five hundred and thirty million pounds in the local economy and support fourteen thousand jobs. Surely sufficient of a contribution to local prosperity to allow us to forgive the tourist industry the odd slow journey or tip-toed cattle grid.

The fact of the matter is that tourism is a vital part of the economic future of our parishes if we're to achieve the holy grail of a truly prosperous mixed

> economy and uniquely, tourism reaches out into every corner of the local community. People make the mistake of thinking that the visitor economy is just about counting heads on pillows or covers in restaurants but it's much, much more than that. It's about generating a sense of pride in place; of emphasising to our visitors the things that we love about here; emphasising why it's a good place to live, to bring up a family, to be educated, to create a business, to work. At present there are companies on the west coast which are having to pay attraction bonuses to persuade people to take jobs here. The image-building that's



Tourists always get the blame in every tourist area – Grockles in Cornwall, Sassenachs in The Trossachs. Incomers are an easy mark because they obviously don't understand our little, special local ways. This of course ignores the fact that local farmers take tractors the size of blocks of flats on valley roads designed for the horse and cart and that Sellafield holds the undisputed record for traffic jams.

There are still quite a lot of people around who think that tourism isn't proper man's work. A bit 'upstairs, downstairs' for the taste of people whose working traditions are rooted in heavy industry – iron, coal, shipbuilding and their modern incarnation, nuclear engineering. But for a moment let me attempt to show those people the error of their ways by grasping them warmly by the wallet.

an important element of tourism marketing will eventually help to make that unnecessary.

And the benefits of the visitor economy don't just accrue to the hotelier and the gift shop operator. The butcher, the baker, the candlestick maker (every tourist area worth the name should have one) the accountant that does the B&B's books, the painter and decorator, the garage, the plumber, the wine wholesaler, the electrician and the village shop all get a share of the wealth generated by visitors.

There was a time, at the end of the nineteenth century when Seascale was being promoted by the Furness Railway Company as the Eastbourne of the north. They planned a promenade and a marine parade. Hotels were opened, bathing machines imported. Ice cream sellers and the providers of



donkey rides were encouraged to set up shop here. South Parade was built to house the resort's tradespeople and what were described as 'the middling humble' who would presumably be at the beck and call of the resort's middling wealthy visitors. Bradshaw's Railway Guide advised adventurous travellers to alight here and hike to Wasdale Head and back — nine miles in each direction. The plan failed and Seascale went back to sleep but at the heart of the idea was a concept that's still central to what Cumbria Tourism promotes to this day.

Here in the west of the county we have a unique conjunction of spectacular mountain landscapes and a glorious coast – one up on the central lakes. For years Cumbria Tourism has operated a system of attract and disperse. We use the Lake District brand – the best known rural tourism brand in Britain – to attract visitors to the area and then we encourage them to explore the lesser-known delights beyond Central Lakeland – in West Cumbria, around Morecambe Bay, along the Pennines and Eden Valley, and from Carlisle across Hadrian's Wall.

On the west coast we have space to welcome those visitors and businesses wanting to expand to service the market but to make the industry realise its full potential there's work to do. An example is

the coastal railway – one of the gems of the national rail network but stymied by the fact it can't operate seven days a week. We can apparently afford forty-two billion pounds to build HS2 but can't afford the few thousands that would allow us to get rid of the handful of manned Victorian level crossings that mean the railway has to shut on Sundays.

We also need to be more welcoming and more willing to shout about the quality product we have on offer. Let me give you just one tiny example that brings me full circle to the Dowager Duchess of Devonshire. When she took over as Chatelaine of Chatsworth House in Derbyshire she immediately made the place more visitor-friendly; installed a system of tourist signs that encouraged visitors to experience all the delights of the place. In the churchyard in Gosforth we have one of the finest Viking crosses not just in Britain but in the world. The only sign pointing the way to it is a scruffy little brown job that shares its post with a litter bin. Debo wouldn't be amused.

The writer and broadcaster Eric Robson lives near Santon Bridge and for more than ten years has been Chairman of Cumbria Tourism.

http://www.stridingedge.com/

A New Look for Calder House Hotel... An Exciting New Chapter Awaits

From its humble beginnings as a private dwelling, built in 1882, Calder House has enjoyed a remarkable transformation over the last 130 years.

For much of this time it was a highly successful boarding school for girls until its redevelopment as a commercial hotel in the early 1970s.

Steve Ainley and Andy Gainford purchased the hotel in 2000 and since then have totally refurbished both the interior and the exterior of the property while retaining many of the original features. So what's next?

Major changes are planned for Calder House in 2015. Steve and Andy are finalising a completely new look for the hotel, ready to be unveiled next year.

So what's changing? Well, the main feature is the relocation of Chapters Bar to the lower-ground floor. "The current L-shape of the bar means that it fills up quickly," explains Steve, "so opening up the space downstairs will give customers a much more flexible space to relax in." The bar will continue to offer a selection of real ales, spirits, malt whiskies and wines from around the world as well as bar meals and tapas. Andy is enthusiastic about the new-look restaurant and menu. "Following the huge success of Calder House's homemade pies we're launching a new range with something for all the family," he says. It will be a space which takes advantage of the best of all seasons – in the summer you will be able to throw open the doors to the garden and in the winter you can retreat to the cosiness of fireside dining.

The Tivoli function room will be closed from 1 March 2015 but Calder House will be open throughout the refurbishment programme, so you can come and see how the project is getting on! Lunchtime service runs between 12 to 2pm Monday-Saturday (closed Sunday), with pre-booking required. Evening meals are served between 6.00 and 8.45pm (closed Sunday), with booking advised. The Christmas menu is available at lunchtime and in the evening throughout December (advance booking is required – please phone 28538 for your table).

Steve and Andy are keen to evoke the hotel's Victorian heritage but also introduce a new chapter in its history, making it a hotel for the twenty-first century. As Steve puts it, "Seascale has been excelling at welcoming people to this part of west Cumbria for almost two hundred years and we love being part of that tradition."



Galder House Hotel Christmas Henu

Starters

Leek and Lotato Soup with a crusty roll and butter (V) Lrawn and Grayfish Gocktail

succulent prawns and crayfish tails covered in a Marie Rose sauce served on a bed of shredded lettuce with brown bread and butter

Goat's Cheese with Red Onion Marmalade

served with a rocket and cherry tomato salad with a balsamic glaze (V) **Duck Rilette**

a textured pâté made with shredded duck, served with a plum and apple chutney and warm brown toast

Mains

Roast Turkey

with sage and onion stuffing, served with a bacon and sausage roll

Salmon Supreme

coated with a lemon and dill crumb and drizzled with lemon butter

Vegetarian Option

Garamelised red onion and goat's cheese tart (V)

Beef Roulade

prime steak stuffed with a savoury sausage meat in a chasseur sa<mark>uce</mark> All mains are served with roast potatoes, potatoes and seasonal vegetables

Desserts

Christmas Ludding with brandy sauce Sherry Trifle

Garamel Brownie Stack

layers of chocolate brownie with caramel on a flapjack base, served with a melting chocolate sauce

White Chocolate and Raspberry Cheesecake

Three courses only £10.95 per person With coffee and mince pies: £12.50 per person

Served lunchtime and evenings

Monday to Saturday during December

Pre-booking essential. Please call in for a booking form or

phone 019467 28538

What would we do without Pelleymounters?!

Betty, Harry and Peter Park bought Pelleymounters in Millom in 1972 as an established hardware business. In 1979 the second store, formerly known as Froyles, a clothing shop, was purchased in Seascale.

Before 1900 the business traded as Dixon brothers. It covered four properties and was quite a large store. In those days people rarely travelled far so the items they sold would include bicycles, prams, musical instruments, tin ware, mangles as well as all other black ironmongery.

Harry Pelleymounter senior bought part of the business from Dixon brothers in approximately 1920. This was 40-42 Lapstone Road and it continued to sell most of the lines aleady being sold.

Pelleymounter, we think, is a Cornish name and several Cornish tin miners moved to Cumberland, as it was then, to work in the iron ore mines.

Harry Pelleymounter junior and his best friend Fergus Little went through the 2nd world war together and on their return formed a partnership to run the business together.

Harry Pelleymounter passed away and his business partner Fergus carried on with it. It was known as Pelleymounters and Fergus saw no reason to change it.

Betty Park travelled to Seascale daily and established the business here. She really enjoyed this as she originated from the area and knew many people.



Pellymounters trike van in 1939.

There are now four shops still trading under the original name – in Millom, Seascale, Egremont and Ulverston.

For a few years there were three generations in the Millom store. Since Betty and Harry passed away the business is being carried on by Peter, myself, his wife Isobel and our son Andrew.

All the shops are serviced from Millom but are run by very efficient, caring, local staff.

We appreciate all the custom and support from the local community. The retail industry is changing with the times because of the internet, but hopefully



Sperfectly Solmed Florist - Landscaping Garden & Grounds Maintenance

COME SEE US AT THE XMAS FAYRE AT MUNCASTER WEEKEND 6-7 DECEMBER

CHRISTMAS DECORATIONS

WREATHS

WRAPPING SERVICE

GIFTS
VOUCHERS
BOUQUETS AND
ARRANGEMENTS



MERRY CHRISTMAS

18 Whitecroft ~ Gosforth CA20 1AY chris.steele@perfectly-planted.co.uk www.perfectly-planted.co.uk

019467 25473 or 07925 302972

with continued local support we will keep providing a local service with a shop front and a smiling face, rather than a computer screen!

However, Isobel says "Pelleymounters is about to join the 21st century! We are going to install an epos system into our Millom shop. Hopefully, if that is a success, we will continue the plan next year with Seascale. Watch this space!"



Pellymounters in 1953.



J.H.P. Junior.



Pellymounters van in 1955.

Village Store

at Gosforth

SELECTION BOXES

1/2 price at £1.49

CHRISTMAS SWEET TUBS ONLY £5.00



OPEN CHRISTMAS **EVE UNTIL 8PM**

OPEN CHRISTMAS DAY 10AM TO 2.00PM

OPEN BOXING DAY 9.00AM TO 6.00PM



DELICIOUS RANGE OF **BOXED CHOCOLATES** AND CHRISTMAS CONFECTIONERY

> GREAT RANGE OF CHRISTMAS **BISCUIT TINS**

Exclusive Fox's & Cadburys Tins from £2.9



FANTASTIC SEASONAL ALCOHOL OFFERS ON BEERS. WINES & SPIRITS.

SUPER RANGE OF GROCERY, CHILLED AND FROZEN **OFFERS**



DON'T FORGET WE OFFER FREE DELIVERY.



The Village Store at Gosforth (The Lakeland Habit), Main Street, Gosforth, Cumbria CA20 1AS Tel: 019467 25232 www.thevillagestoregosforth.co.uk

Gordon, Belinda and Staff will welcome you to 'The Vic'

Home Cooked Food

Excellent cooks, namely our Clare and Lindsey
A choice of Sunday Roasts available from £4.95

Selection of Real Ales lovingly kept by
our award-winning cellarman

Open Fire
Friendly Staff

Takeaway Fish & Chips £4.95 available Lunch Times and from 5pm Monday — Saturday

Please note we are now catering Tuesday lunchtime
12 noon to 2pm



QUIZ EVERY OTHER FRIDAY
5 STAR FOOD
HYGIENE RATING

Please check opening times and on our website, or email us
Thank you for your support

Station Road Drigg Holmrook Cumbria CA19 1XQ

019467 24231



West Lakeland Rotary Club hosted Alan Bragg of "Blood Bikes Cumbia & SW Scotland" recently to give them a talk on the work of Blood Bikes.

Nationally there are Blood Bike groups covering a great many areas of the UK. They are groups of non-profit making charities staffed completely by volunteer motor bikers who provide an out of hours transport service to hospitals for the movement of urgent medical items which includes blood, patient notes and breast milk which is donated by women and is used to feed premature babies. This is done in special temperature controlled boxes attached to the bikes. Their work avoids the hospitals hiring taxis thus helping the NHS Trusts meet their financial targets.

The Cumbria group was initiated this year and the bike Alan Bragg brought along to show the Rotary Club was donated to them by Lakeland Motorcycles Pica. Volunteers can use their own bikes as well as the special liveried bike, provided they pass a competency test to ride it.

Blood Bike Cumbria (BBC) would welcome more volunteers to swell its ranks. There are both riding and non-riding duties necessary to keep the group operational. For more information on how to help or become a member of the BCC team please e-mail bloodbikescumbria@gmail.com or call our admin team on 07901 339448. Their web site is found at www.bbcumbria.org.

PJ's Nursery celebrated its 7th birthday in September with a cake for children and staff. We would like to thank all of our customers past and present who have supported us since we opened. In the seven years we have been open we have added an extension, added a large

decked area, some of which is under cover, and a large grassed area at the rear of the building with a variety of play equipment. We have opened a successful 'before and after' school club and school holiday club run from Seascale School. Staff have been busy too with Julie gaining her degree from the Open University and managers Carol and Sam recently completing the Level 5 Leadership and Management in Health and Social Care. All staff complete Paediatric First Aid, safeguarding and food hygiene training as well keeping up to date with



PJ's Nursery

changes to the Early Years Foundation stage and new initiatives. We have recently retained our 5-star rating for food hygiene. We are registered with the local authority to provide the 15 hours a week free entitlement to both 2 year olds and 3-4 year olds. Our

current prices are for the Nursery £3.75 an hour and school club is £3.55 an hours, inclusive of breakfast and snacks. At the nursery for children requiring lunch there is a charge of £1.55 for a main course and pudding, with school club children required to bring a packed lunch.

We are open 7am – 5pm Monday to Friday, closing only for bank holidays and Christmas. The nursery team can be contacted on 019467 28077 or email pjsnursery@aol.com or through our website www.pjsnursery.co.uk.

Seascale Community Fitness Centre

Fitness for everyone over the age of 14yrs.

We have the very latest and most advanced technology in the fitness industry. You will be welcomed whatever your fitness ability is. You can exercise by yourself or join any of our classes.



Classes Timetable October to March

MONDAY

GP Referral class 10.30am to 11.30am beginners' level Fitness class 2.00pm to 3.00pm intermediate level Fitness Workout 5.30pm to 6.30pm intermediate to advanced level

TUESDAY

Exercise sitting on seat 2pm to 3pm beginners' level Cardio Workout + Kettle Bells 4.30pm to 5.45pm inter & adv

WEDNESDAY

GP Referral class 10.30am to 11.30am beginners' level Fitness class 2.00pm to 3.00pm intermediate level Flat Abs class + Kettle Bells 4.45pm to 5.45pm all abilities

THURSDAY

HITT (high intensity interval training) 9.30am to 10.30am inter & adv Exercise sitting on seat 2pm to 3pm beginners' level Kettle Bells 5.30pm to 6.30pm inter & adv

FRIDAY

Intermediate Keep Fit 10.30am to 11.30am

SATURDAY

Circuits

10.30am to 11.30am inter & adv

SUNDAY

Leg, Bums and Toner class 10.30am to 11.30am inter & adv

For more information call in and talk to any of the instructors at the Windscale Club Gosforth Road Seascale CA20 1PJ 019467 27882

email: seascalefitness@aol.co.uk web: www.sasra.co.uk Manager: Linda Winder



DRIGG HARVEST FESTIVAL

n Drigg, the Harvest Festival celebrations were held on the last weekend in September. The Harvest Festival Service on 28 September, led by Revd Jonathan Falkner and Revd Lindsay Gray, was attended by the Mayor, Councillor Eileen Eastwood and Mr Derek Eastwood, the Mayor's Consort. Phoenix Praise Band provided the music and local children. Following the service, around 70 people enjoyed the traditional Harvest Lunch.

This year's Harvest celebrations also included the scarecrows. The scarecrows first appeared in 2008 and have featured every two years since. Again this year, throughout the community, from Saltcoats to Stubble Green, people made all sorts of scarecrow characters, which appeared in gardens, by the roadside, in St Peter's Church, outside the Village Hall, the Victoria Hotel and at the station - renamed 'Drigg Whaleway Station'! The scarecrows and their antics made people smile and attracted attention from lots of local people and visitors to the area, who stopped to chat and take photographs.

The scarecrows definitely stole the limelight and will feature on the 2015 Drigg Parish calendar, to raise funds for St Peter's Church.

Saltcoats

32

The Wardens & PCC. St Peter's Church



Revd Lindsay G







The Woolpack takes on a New Look!

ntil Sunday, 2 November, Seascale artist
Pauline Sanders has her second exhibition of
her paintings at the Woolpack, above Boot,
Eskdale. The scene is a blaze of colour, with
several different styles, techniques and materials.

Eighteen paintings are presented on the walls of the Hardknott Bar. It's well worth a look. And you can have a drink and snack as well of course!

Pauline has always been interested in art from a very early age and always had various exhibitions around this area. She is a member of the Carlisle & Cumbrian Artists, and being a florist, flowers and nature are a great source of inspiration for her painting as well as enjoying travelling in her younger days. Pauline says:

"I enjoy working in many different media, especially acrylic inks for their intensity of colour, and acrylic inks for their fast drying power. I like to bring the canvas to life with strong and vibrant colours. Some years ago I decided that realism and pure draughtsmanship applied to art was not for me, as it can easily appear cold and sterile. Instead I pursued my instinct to portray the colour, excitement and movement inherent in the simplest of subjects."

Pauline goes on to say:

"I believe that excitement and drama can be conveyed when there are no spatial restrictions. I love the freedom of working with large canvasses where I can apply my emotions without inhibitions.

The paintings I most cherish are those where I worked with speed, letting my instincts flow in to the canvas." And adds:

"I use powerful colours to create harmonies between the most striking extremes. Painting for me is not necessarily about what I see but how I feel forging a relationship with the senses. The colour waves of a bright dream."

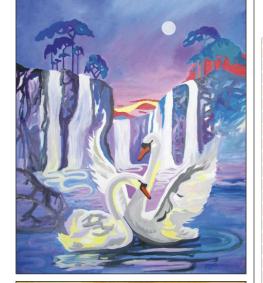
Pauline, who is a fully trained florist and has run her own florist shops in Seascale and Cleator Moor, but unfortunately after a spinal injury had to give up the business. However, she opened another one which was easier on her injury. It's named "Crazy

Horse", and located in Egremont. It is an Aladdin's cave of jewellery, gifts, t-shirts and trinkets, along with her paintings, prints of them and greeting cards too.

At the moment there's a new side developing for Crazy Horse as Pauline has decided to re-launch Rapunzel, the name of Pauline's previous florist shops.

She is venturing back into silk and artificial floristry with a vast range of customised wedding bouquets, wristlets, posies and arrangements.









Paul Hotson

all types of building work building restoration specialist plaster and cornicing conservatory construction extensions

roofing plumbing joinery

40 years experience competitive quotes

2 The Nook · Whitecroft Gosforth CA20 1AX Tel: 07881 593752 07791 636407

(if calls fail please text and I will reply ASAP)

Louise Harlow Piano Teacher

Piano lessons for children and adults. beginners to advanced level. Friendly and enthusiastic approach with 8 years experience. Location: Gosforth

Tel: 07957 704692 Email: louise@harlow.me.uk

www.epta-uk.org/MemberHome=HARLOW BA(Hons) ATCL (t) ATCL (p) CertPPTC

JEM Cleaning Services

- **▶** Domestic and Commercial cleaning
- Can clean from 1 hour to more regular cleaning One-off cleans – end of tenancy cleans, spring
- cleans and more!
- Eco-friendly cleaning products
 Provide in-house ironing service, which offers a
 collection and delivery service to or from home or place of work.
- ► NVQ Level 2 Cleaning

(note that I am profoundly deaf so please leave message on answering machine and I will ring back)
Tel: 01946 62096

Mobile 07835 964127 joan.mitchell1@btinternet.com

AROUND THE WORLD IN 14 YEARS!

A remarkable sailing experience by Derek and Anthea Bunting, now settled in Gosforth

ur sailing life started in the early '70s and progressed from a 25ft wooden boat via a 32ft fibreglass boat to Sukanuk, a Tradewind 33 (33ft) also of fibreglass, which we purchased in 1997. She was designed to take two people Around The World with as much comfort at sea as a small yacht can provide.

In August 1999 we set sail from Torquay to Gibraltar and in

October we sailed on to Tenerife in the Canary Islands, which was the jumping off point for crossing the Atlantic Ocean to Antigua, a passage of 2,700 miles. Before we left the UK, the boat was re-rigged with new mast, boom and sails, so we were feeling pretty confident that we would make the trip without many problems.

We left the Canaries on 5 December 1999, hoping to be in Antigua on 29 December. We were doing quite well until 2000 hours on the 24 December, having reduced the sail area for the night, we were hit by a squall with approximately 40 miles per hour wind and within 15 seconds, the mast buckled 5 feet from the deck and fell over the port side and into the ocean. We had to cut all the rope and wire to release it from the deck as it was chafing the side of the coach roof and hull. Our brand new mast, boom, rigging and new sails fell to the bottom of the Atlantic Ocean.

It was Christmas Eve and we were 560 miles away from Antigua, couldn't sail and couldn't use the engine as 10 days earlier the starter motor had ceased to work. We were eventually towed into Falmouth harbour, Antigua, on 1 January 2000 by two different yachts, one of which was our friend who came out from Antigua to take over the tow from a



Derek and Anthea in Tahiti.

yacht already on the way there. We then had to leave the yacht in Antigue and return to the UK to order a new mast and sails. It took five and a half months to get us sailing again.

From Antigua we sailed to Charleston in the USA via the Bahamas and motored up the Intra Coastal Waterway on the American Eastern seaboard as far as Annapolis in the Chesapeake. We

spent the next four years sailing in the North Atlantic as far north as Nova Scotia and as far south as Grenada in the Caribbean Sea.

At the beginning of 2004 we were in the British Virgin Islands and decided to sail around to Vancouver for the 50th Anniversary of the Ocean Cruising Club and sailed non-stop to Colon where we anchored to wait for our turn to transit the Panama Canal. This was done in early March and after a month we set sail for the Galapagos Islands to anchor in Wreck Bay, San Cristobel. We were allowed to stay for 20 days and left there to sail to Hawaii 4,500 miles away – a continuous passage of 5 1/2weeks - and arrived in Hawaii (known as the big island) in May. We then moved north and tied up to the dock of the Honolulu yacht club in Oahu and had 4 weeks there. Time to move on, so we set sail for Sitka in Alaska 2,700 miles away via Hanalei Bay, Kauai, the most northerly of the Hawaiian islands and did this passage in 27 days.

We arrived in Sitka in August 2004 and after three weeks we sailed down the inside passage to reach Vancouver on 16 September, joined the rally for a two weeks' cruise round the Gulf Islands and then settled on Vancouver Island for the winter. We returned to Alaska in 2005 and sailed into Glacier Bay



Sukanuk at the Catamaran marina at Antigua in 2013.

where we saw whales, black bears and a moose. Next we sailed back down to Vancouver Island and across to Point Hudson marina in Port Townsend, Washington State, for three months. 2006 found us sailing south — a very rough passage down the Oregon coast to San Francisco and anchored the first night in Drakes Bay named after Sir Francis Drake. The next day we sailed under the Golden Gate Bridge passed Alcatraz and wintered in Alameda in San Francisco Bay to do some work on the boat.

In 2007 we left San Francisco and sailed down to San Diego, which was our jumping off point for the Marquesas, and sailed the 3000 miles 27 days' passage to Hiva Oh. We spent a few days there to stock up with food and then sailed north to Nuka Hiva.

Our next port of call was Taou, a small atoll in the Tuamotus, which was a little paradise island. Beautiful aquamarine sea, blue skies and we had one wonderful evening when a dinner was prepared by Valentine, her husband and family who are the only ones that live on the atoll.

From here it was a two days' passage to Tahiti where we anchored in a lovely bay near to Papeete, the main town on the island. The Saturday fish market in Papeete was excellent with lots of

different coloured fish. It was a joy to actually shop in a supermarket, the previous one being in San Diego. We then sailed on to Moorea where Mutiny on the Bounty starring Antony Hopkins was filmed. Next it was to Bora Bora, a delight and thought to be one of the loveliest places in the Pacific, but we had to move on and our next destination was the small island of Niue about 200 miles east of Tonga. It is an independant country and has free association with New Zealand.

In September 2007 we sailed to Tonga and had four weeks anchored in a couple of beautiful bays.

From there, our next passage to Opua in the Bay of Islands, New Zealand was quite rough arriving in November and it was here that we had extensive work done on the boat including a new engine. We also bought a car to do some travelling to the south island and took 5 weeks travelling down the east side via Christchurch and up the west coast to the ferry in Picton and across the Cook Strait to Wellington. The boat stayed in NZ for 2½ years owing to a complication with the re-fit so it was 2010 before we made the crossing to Australia with a detour to the French island of New Caledonia due to a storm when we were 375 miles north of New Zealand. The winds were in excess of 50 miles per hour and we stopped

sailing for 31 hours with the occasional large wave coming on board.

We arrived in Australia in November 2010 and sailed down to Sydney. We had a great time in Australia and the highlight was the 2011 New Year's Eve fireworks from the Sydney Bridge that was spectacular. We had a ring-side seat anchored in the Harbour.

We had decided that we wanted to be home in Gosforth around August 2013 so in April 2012 we sailed up inside the Great Barrier Reef, across the top of Australia to be in Darwin around mid July to prepare for the crossing of the Indian ocean calling into the atoll of Cocos Keeling, and the French island of Reunion and on to South Africa. The crossing of the Indian Ocean was the roughest of all the oceans we have sailed and it was a relief to enter the harbour in Richards Bay even though we were in a terrific thunder and lightening storm.

We hired a car and spent three days in the Hluhluwe/iMfolozi game parks which was one of the highlights of our passage so far.

We sailed round to Cape Town via Durban, Port Elizabeth and Simon's Town and in early February 2013 we left South Africa to arrive in St Helena on 27 February 2013. Here we visited the houses where Napoleon was held captive and died, and also his burial place. From here we did the 4,000 mile passage to Antigua in 30 days and this is where we completed our circumnavigation of the world.

We were anxious to get home so after a three weeks' stay in Antigua and, saying goodbye to numerous friends we had made there in previous years, we sailed to Bermuda. Our onward passage was 1,890-mile sail to Horta on the Island of Faial in the Azores where we arrived on 1 June and had visited there in 1998 and 2001.

After three weeks' stay we sailed north to Bantry Bay in Southern Ireland and anchored in the lovely little fishing village of Castletownbere to re-provision. We then continued east to Crosshaven near Cork

The next passage was up the Irish Sea to Holyhead and we were met by two long standing sailing friends, the first to meet us on our arrival back in the UK.

We then sailed on to Douglas in the Isle of Man for one night before crossing to Whitehaven on the 27 July 2013 to catch the tide to our marina berth. There other friends were on hand to take our lines and enjoy our homecoming with a couple of bottles of bubbly and a fish and chip supper in the town.

Although we had a number of breaks returning to the UK our round the world voyage took 14 years and had many wonderful experiences, seeing some wonderful places and making many friends around the world.







Your One Stop Shop for Christmas Exquisite Christmas gifts & decorations



Stockists of:











The Woodland's Tea Room & Restaurant

Book for Christmas lunch being served every Friday & Saturday in December until the 20th or why not treat yourself after all that Christmas Shopping to one of our Festive Afternoon Tea's

Tel: 019467 26281

www.santonbridge.co.uk

OPEN EVERY DAY 10 - 5PM

Seaview Nurseries Nethertown Egremont Cumbria CA22 2UQ

01946 820412 (calls 8am-5pm only)



www.keithsingletonhorticulture.com

www.cumbriagardensandpetsdirect.co.uk



Good Companions Restaurant 01946 823324 Open Daily 09.30-16.30 and Friday/Saturday 16.30-late

www.goodcompanionsrestaurant.co.uk



2ND SEASCALE SCOUTS

Family Affair

Back at the start of the summer holiday 2nd Seascale Scout Group had a Family Camp. Our date choice – the first weekend of the holidays – wasn't the best so only 35 were free to attend. This only made the family-feel stronger and the dozen or so families had a great time.

Competition was fierce during shelter building with some very imaginative, and elaborate shelters being constructed.

Family camp is a great opportunity for parents to see what we get up to on camp. It can also be a good recruitment opportunity and this time we managed to fill the post of Quartermaster.

Eskdale Adventure Sleepover

Fourteen **Beaver Scouts** (6-8) joined West Lakes Adventure for an exciting day of activities in the middle of September followed by an indoor sleepover at St Bega's Church Hall. These Beaver Scouts have certainly earned their Adventure Badge.

Hit the Target

One of the activities the Beaver Scouts took part in was Archery. There were those who hit the target and those that did not but every Beaver scout had the determination to get better with every shot. Even if they missed the target numerous times before, the thrill of hitting it once made them jump up and down and squeal with excitement. Some of them were excellent and managed to hit the bull's eye.



Reaching High Heights

During rock climbing some Beaver Scouts had to dig deep, take risks and trust in others. Even those who admitted to not wanting to have a go managed to get on to the rock and on their next turn achieved that little bit more. One Beaver Scout

started off his experience only being able to climb 5ft and then asked to come down. Later he climbed to the top with the encouragement from, not only West Lakes Adventure Instructors, Leaders and Parent Helper but from Beaver Scout Friends shouting supportive words and cheering as they all reached the top.

Overcoming Fear

At the end of the day we talked about our comfort zones and how sometimes pushing ourselves can lead us to be able to climb that little further and even reach the top. As I sat there listening they shared their fears and how they had done something they did not think they could. The conclusion: "even when we think we can't, we can!" Later that evening while we enjoyed s'mores around the campfire, our youngest Beaver Scout, who wanted to go home, was told by his brother (neither were at climbing) "come on you can do it, take a risk just like the rock climbers" the following morning you could see how proud he was that he had managed to stay the night.

Japanese Gardens

The following morning Beaver Scouts were up early to go for a walk into the Jungle; they found huge

leaves, crossed troll bridges and walked through a tall bamboo forest, to find a peaceful place to take a moment to think of our weekend and to give thanks for the great adventure we had experience together. We look forward to the next adventure.



Toffee and Books

The Scout Association





Carpets Vinyls Laminates Hardwoods



SHOP AT HOME SERVICE



FCC offers a superb range of quality floor coverings at very competitive prices, together with impartial advice and unrivalled service











Furniture Joinery

Makers of Quality Furniture & Architectural Joinery

Lonning End, Ponsonby, Calderbridge, Seascale, Cumbria CA20 1BU



Tel: 019467 25238 Fax: 019467 25238 E-mail: mamounsey@aol.com Website:

www.ponsonbyfurniture.co.uk



IAN R CRIPPS

Painter & Decorator

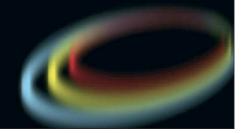
All residential and commercial decoration undertaken

Internal and external painting

Free estimates

Fully insured

Phone 019467 21468 Mobile 07765188553





recently added some more badges for all three sections, the **Cubs** (8-10½) were most excited about completing their *Backwoods Cooking badge* and the beach provided the perfect location for this activity. They had to light a fire then cook over it using a variety of methods, chocolate bananas and toffee and raisin apples proved to be the most popular! A walk around the village enabled some of the Cubs to complete their *Local Knowledge* badge. Recently the Cubs brought in three books that they have enjoyed reading, they had to perform a short presentation on all three books, which forms part of the requirements for their *Book Reader* badge.

Quiddich

Cubs have also enjoyed playing wide games on the beach including having a quiddich match when the Cubs came dressed in their Harry Potter costumes and carrying their broomsticks. It was a fast and furious match and the golden snitch got very tired running away from the seekers. It was a close match with Gryffindor catching the golden snitch and securing a win for their team.

Dad's Fallen in the Lake!

As usual the Cubs have thoroughly enjoyed the camps they have attended this year, Daniel said of

Family Camp "it was really funny when my dad fell in the lake". Kieran enjoyed having his baby sister attend the Family Camp and Craig enjoyed cooking for everyone else in Family Groups.

Emergency

Scouts (10½-14½) will be doing a three-week challenge this term. This involves rotating around six bases with

activities including knives, emergency aid, bridge construction and exercising their brains in "mental agility".

Police

We are also looking forward to a visit from the police. Local PCSO Aziz Ali will be talking to us about anti-social behaviour – thankfully not something our scouts will be participating in.

Scary Camp

Halloween falls on Friday and in half-term this year; so the scouts are off to our favourite

haunt – Ennerdale – again. The high-light, or lowlight, will be the midnight walk round Ennerdale Water. No stoves this time – as we'll be cooking on fires

Scouts, by the Scouts

"Most weeks we have a lot of fun with social and scout activities. At the end of every term we add up all the patrol points and the patrol with the most wins an ice-cream sundae from Mawson's."

"2nd Seascale Scout Group gets together every Thursday night for a night of adventure. Within the group we have Beaver, Cub and Scout sections, which are very popular and welcoming."

"Leaders and parent helpers get involved with our meetings, making sure they help enough to make our night the best it can be."

Join the Adventure

In the UK there are 500,000 members, consisting of girls and boys from age 6 to 25 and adult leaders and supporters. 2nd Seascale Scout Group meets on Thursday and caters for Beavers, Cubs and Scouts, and has links with the local Explorer Scout unit. To find out more, please contact:

Neil Henderson, Scout Leader Info@SeascaleScouts.org.uk



THE BAKE HOUSE



13a Gosforth Road Seascale (and at Millom)





Monday-Friday, 8am-2pm Tel: 019467 21112



A selection of pies, cakes, bread, freshly-made sandwiches and salads available

Brockbanks



Brockbank Curwen Cain & Hall Solicitors

Registered Office 44 Duke Street, Whitehaven, Cumbria CA28 7NR

Telephone: 01946 692194

Also at Cockermouth, Maryport, Workington and Keswick Residential and
Commercial
Conveyancing
Wills and Probate
Court of Protection
Personal Injury
Matrimonial
Crime
Employment

www.brockbanks.co.uk



Agua Splash Swim School Ltd are a family run business, established in 2004, with many years experience in the leisure industry. Since then we have continued to build a good reputation for offering quality swimming lessons, in a friendly and safe environment.

Discounts

· Sibling' and 'Refer-a-Friend' Discounts

Structured Lessons with clear goals!

We use the current edition National Plan for Teaching Swimming (NPTS) 'Learn to Swim' framework as part of our development pathway, which gives structured lessons with clear goals.

Swimming Teachers

Experienced teachers with special educational needs for children and young adults. All our Courses and Lessons are carried out by ASA Swimming Teachers, who are also National Pool Lifeguard Qualified & CRB checked.





'An Approved Swim School'

OFF FIRST BLOCK OF LESSONS

20% discount on the first block of

group lessons for all new starters!

Quote SN1 when contacting us



01946 817777

info@aquasplashswimschool.co.uk

LEARN TO SWIM **POOL PARTIES**

HYDROTHERAPY HIRE

Courses, Lessons & Services

- Crash Courses
- 1-1 and 2-1 Lessons (Adult or Child)
- Swim a Song Lessons (4 months +)
- Adult & Child Lessons (Ducklings 18 months +)
- Pre Competitive Swimming/Diving (Flip n Fun)
- Childrens Group Lessons
- Triathlon Training
- Rookie Lifeguard
- Assessment & Taster Session Service
- Fun Pool Parties
- Hydrotherapy Hire

Why Choose Agua Splash?

- Water Based Teachers
- Term Time Lessons
- Small Class Sizes
- We operate 7 days a week
- Friendly, enthusiastic teachers ensuring maximum outcome!



Find us on







www.aquasplashswimschool.co.uk







Ravenglass Fish & Game Ltd

Co. No.08014084 VAT No.132 815921

5 Wells Cottages, Ravenglass, Cumbria, CA18 1SP

Tel: 07740704765

Supplier of Fresh Fish to the Hotel and Catering Trade & YOUR Home **Throughout Cumbria & The Lake District**

Fresh Fish Delivered 6 days a week!

Phone Steve anytime to give your order of Fresh Fish **Delivered Direct to your Home**

Tel: 07740704765



@ravenglassfish

CAROL SINGING FOR CHARITY

This year's Charity Carol Singing evening in Holmrook & Drigg villages, in aid of the NSPCC, will be on Tuesday 16 December. Meet at Holmrook Square at 6pm or you are welcome to join in at any time along the route back through Drigg. Come along and sing or support by carrying a bucket to collect for the NSPCC. Carol sheets will be provided – bring a torch or lantern if you can. The carolers will stop to sing at various points along the route, so listen out for them or please ask for a visit to your door (phone 24272). The evening will finish with a warm welcome from Gordon & staff at The Victoria Hotel.

Families and young people very welcome to join in.

NSPCC's Successul Year

Afteranother succesful year, raising over £1,940, of which every penny stays in Cumbria to help so many children.

Our thanks from the Committee to everyone who supports us in all our events and for your donations we receive. A huge thank you to Beth and all at Seascale Library for holding a coffee morning in May for NSPCC, which raised £111.

Joyce Roberts, Chairperson

VISITING STRING QUARTET

The Stonebridge String Quartet has made many appearances over the years in the long-running "Quartets in Wasdale" series of concerts. Last year Roland Fudge took over as their Leader and First Violin. And now they have a new Second Violin as well. Pam Redman, a mature student at the Royal Northern College of Music, has quickly established herself as part of the ensemble, and won the respect of the other players for her musicianship. But the changes don't end there. When the Stonebridge players appeared in Wasdale last year their cellist was Jeremy Lamburn, who has since passed away very sadly and unexpectedly at a young age. His place has now been taken by Peter Freyhan, a well-established and highly-talented cello player.

The Stonebridge Quartet can be heard at the little Parish Church in Nether Wasdale on Saturday 1 November at 7.30pm, when they will be playing quartets by Tchaikovsky and Elgar, and a Duo for violin and viola by Mozart. Admission will be £10 (in aid of the church), but accompanied children can enjoy the concert free of charge.

Enquiries to 019467 26258.

GADS

Gosforth Amateur Dramatic Society (GADS) is the last survivor of the numerous local amateur dramatic societies of the last century. Most villages had their own local group but over the years the numbers have dwindled and GADS is the last one standing. GADS started in 1932 shortly after Gosforth Public Hall was built and has presented all its performances in the hall. There was a short break during the war but it restarted again in 1948. Since then the Society has involved a host of local talent, aspiring actors, singers, dancers, electricians, costume makers, sound engineers, carpenters and painters in the production of hundreds of plays and pantomimes. If you want to see your local butcher dressed as a dame – GADS is the place!

Over the years the society has evolved to the one you see today. These days we try and put on a couple of plays and a pantomime every year. A relatively recent innovation has been the provision of a week-long drama workshop for over 8s and under 2ls during the summer school holidays culminating in a production on the Saturday night at the end of the week. This summer's production was Robin Hood and Friends and we were



honoured by the presence of the Lady Mayor, Eileen Eastwood, to open the show. Comments from the participants and parents afterwards show aspects of learning and achievement, team and confidence building as well as sheer fun and enjoyment. So much so that nearly all the participants can't wait to start our next show – the pantomime (Oh yes it is). We are currently rehearsing for that pantomime, Jack and the Beanstalk. 21 - 24 January, 7pm (6pm on Saturday) at Gosforth Public Hall. Tickets £6 adult / £4 children.

If you want to find out more about GADS, booking tickets, or just want to browse through a few photographs from past productions, visit our website at www.gads.org.uk. And if you have any photographs, particularly from long ago, please get in touch - we would love to hear from you.

Iim Polmear. Treasurer. GADS



Seascale uprising photographic artist makes it into exhibition in Manchester

Lorna Preston, local fine art photographer and artist, was recently given an amazing opportunity to have one of her artwork's displayed as part of a national art exhibition in Manchester. Lorna's artwork was handpicked by an industry professional on behalf of the NOISE Festival Charity, which celebrates the UK's next generation of artists. Over 5000 entries were submitted to the charity this year.

Lorna was delighted to be able to not only see her work but watch visitors' reaction to her work. 'It's such a humbling experience to see people not only like the appearance of your work but also that they can relate and connect to its concept'. Lorna has a successful photography business (Lorna's Photography) and she is hoping that her new artistic presence (Lorna Elizabeth) is the start of her following her creative passion. You can follow



Lorna's journey on Facebook, Twitter and new website: www.lornaelizabeth.com



FREE BUS TO EGREMONT FARMER'S MARKET

Organised by the Egremont Farmer's Market Committee, a FREE bus has been laid on to transport people from the Bootle, Muncaster, Holmrook, Drigg, Seascale and Gosforth areas to the Egremont Farmer's Market held in the Egremont Market Hall.

Egremont Farmer's, Crafts & Fairtrade Market has regular stall holders including local meat and fish, vegetables, home grown plants & herbs, cheese, bread, pies and cakes, photographic cards, leather goods, jewellery, knitware and much more.

The bus operated by Muncaster Microbus will run on Fridays 17 Oct, 21 Nov and 19 Dec 2014.

It will leave Bootle (by the Butcher's shop) at 9:30am, giving passengers 2 hours in Egremont and departing Egremont Market Hall at 12:30pm.

The trip is FREE of charge and open to all, but you will need to book a seat and pick-up point as spaces are limited to a maximum of 14.

For more details and to book your place, please contact Gill Howe on 01229 717229.



NEED A WINTER TIDY UP? WANT TO START A NEW GARDEN PROJECT?

WHY NOT LET US SPEND THE WINTER CREATING YOU A GARDEN YOU CAN SPEND ALL SUMMER ENJOYING?

SPORTS FAN? WHY NOT LET YOUR LOCAL CLUB KNOW WE CAN HELP? WE CAN OFFER A FULL SPORTS TURF MAINTENANCE PACKAGE

18 Whitecroft ~ Gosforth CA20 1AY chris.steele@perfectly-planted.co.uk www.perfectly-planted.co.uk

019467 25473 or 07925 302972



Unit 4D Sneckyeat Ind. Est. · Hensingham · Whitehaven · Cumbria · CA28 8PF Tel: 01946 692183 · Fax: 01946 64913 · Mobile: 07702 036927

WE CAN SUPPLY ALL TYPES OF GLASS AND GLAZING MATERIALS
We specialise in Replacement Double Glazed Units,
Mirrors, Table Tops, Shelves and Glass Balustrades

Free Estimates
Shop Fronts
Factory and Industrial Premises
24-hour call-out service
Facilities on site to cut, drill and polish edges

Proud to have served Cumbria for over 25 years

www.alwelglass.co.uk



Domestic, Agricultural, Commercial & Industrial Planning Applications, Appeals and Enforcement

Tree Surveys, Reports & Method Statements.

Landscape Impact Assessments, Hedgerow Assessments

Agricultural Appraisals

(01768) 865656

admin@planningbranch.com - www.planningbranch.com

Director: Anthea Jones BSc(Hons), MRTPI, MArbA

Realising Development Potential

'Out of the ashes we will rise again... Our one desire, to worship You'.

For eight years Waymark Youth Praise band has been privileged to provide contemporary and traditional worship music at many services and celebrations across all the churches in Gosforth and Seascale, and also at a number of Methodist and ecumenical events in Egremont.

However, as some of our members are now a little more mature than they used to be, we have decided that the time has come for us to change our name and our focus. So from the ashes of Waymark, Phoenix Praise All-Age Worship Band will arise in September 2014. Though the name and age-range of the band may have changed, our underlying aims will remain the same: to have fun making Christian music together and enjoying wide-ranging discussions about life, the universe and everything.

We shall continue to meet most Friday evenings in term-time at 7pm in the schoolroom at Gosforth Methodist Church. New members/enquirers of any age, any church affiliation or none are warmly welcomed to join us. All you need is an enthusiasm for singing, playing an instrument or providing technical support, and a lively interest in the Christian faith.

The band is run by Keith and Jill Hudson, both of whom are experienced teachers and worship leaders.

For more information just email:

jillfhudson@hotmail.co.uk

THE BEST PLACE TO BE!

Three areas of west Cumbria are among the top 10 most desirable places to live in England, new research shows.

The CA27 St Bees postcode was ranked number three in the national list, with Gosforth/Seascale (CA20) and Moor Row (CA24) at eight and 10 respectively.

The Royal Mail commissioned study, carried out to mark the 40th anniversary of the postcode, was done in conjunction with the Centre for Economic and Business Research.

It took into account aspects including availability of jobs, quality of education and healthcare, safety, environment and affordability of housing.

Tidworth, on the edge of Salisbury Plain was listed as the best place to live. It was followed by the Hampshire village of Yateley.

McMillan Nurse Coffee Morning

The staff at Seascale Library wish to thank everyone for being so generous before and on the day. We raised £228.76.

Woolpack Inn Boot, Eskdale

How far? Not that far, really!



Sunday Lunch Menu

Great Alternative Party Venue

Woolpack Wine Festival

21st November LIVE MUSIC An Audience with Mickey Jupp

b&b from £30 pppn ● free WiFi Plenty of Real Ales • Vodka Bar Guest Draught Lagers ● Tasty grub

woolpack.co.uk 019467 23230

Two Mains (Bar Menu) or 12" Pizzas expiry 30/11/14

> Cannot be used in conjunction with other offers



everlasting silk flower arrangements for all special occasions that make perfect keepsakes

Call Pauline on: 01946 820807 or: 07563 094138

pauline@trpub.net

13 Market Place ~ Egremont ~ Cumbria ~ CA22 2AF

Haven Beauty

Now Available: Indian Head Massage Massage Hopi Ear Candles Reflexology







We offer a full range of beauty services.

8 South Parade Seascale. Tel 019467 27387 www.havenbeauty-cumbria.co.uk We also stock a full range of Boutique Soaps and Candles

Manicures **Pedicures** Gel polish Waxing & specialist waxing Chiropody Eye treatments Pamper days.



Quality silk flowers for special events: Birthdays Weddings Anniversaries

Floral displays for:
Hotels
Restaurants
Functions
Exhibitions

Everything is custom made

Have a chat on the phone or at my shop 'Crazy Horse' to create something really special for you



Soutique Soaps

home of unique, beautiful, luxury hand made soap and body treats.





Handmade natural soaps, bath bombs, body scrubs, body butters and unique gift boxes lovingly hand made in very small batches in Whitehaven.

For our full range go to: www.boutique-soaps.co.uk

Tel: 07767 822687 Email: bellazario@yahoo.co.uk

Free delivery to Cleator, Drigg, Egremont, Gosforth, Moor Row,

Seascale and Whitehaven.











Have you thought of becoming a Community First Responder?

or helping a team as a fundraiser or with their administration?

What's A Community First Responder? I hear you ask!

Community First Responders are teams of volunteers who live and work in the local community. They are trained to attend certain 999 ambulance calls where time can make the difference between

life and death.

The responder provides treatment, care and support to the patient and relatives until the arrival of the emergency ambulance.

Volunteers only need to make themselves available to suit their personal circumstances.

No first aid knowledge or experience is required as full training is given.

They are despatched at the same time as the ambulance;
however in the more rural areas often arrive more quickly.

In our area it can take up to an hour for the ambulance to reach the more remote places.

In the case of a cardiac arrest each minute that passes after the heart has stopped reduces the chances of survival by 10%.

Having a responder "around the corner" means that treatment could start earlier.

Gosforth and District First Responder Group

responds from Calderbridge down to Broadoak, and all of Wasdale and Eskdale.

We need more team members in every part of our area to help us provide the best care we can to those that live within our community.

If you would like to join our team or would like more information please give me a call.

We can also come and give presentations and demonstrations of what we do.

We can also provide basic CPR and AED training for any people who would like these skills
but cannot commit to being a responder.

Stuart Robb, Team Leader. 01229 774754 srobb02@aol.com Freshly prepared in store

Salad Baguettes & Hot Pies TO GO

Breakfast Baps Pick up and Go Village Store

NEW improved Frozen Food Department

NEW extended range of Fresh Fruit & Veg



Freshly Ground Coffee, Tea & Hot Choc to takeaway



Delivered fresh from Cornwall twice weekly. Our fish has never been frozen and is guaranteed fresh to you. We have a good choice of delicious fish including Wild Salmon, Cod, Hake, Monkfish Seabass, Sardines, Fresh Mussels, Scallops and much more!!

Orders can be taken!

Please ask.



HAVE YOU TRIED OUR NEW FRESH FISH RANGE

Excellent 3 weekly offers

Check out your leaflet that comes to your door!

THROUGH OUR LOYAL CUSTOMER SUPPORT WE ARE HAPPY TO HAVE RECENTLY BEEN ABLE TO FUND FOR OUR COMMUNITY

A new bench for Gosforth Village Car Park
Donated funds towards the Gosforth Nursery Firework Display
Provided funding to Gosforth School towards improved playground markings

Is there any organisation or project we can help with in Gosforth AND the surrounding villages? **Contact David if you think we could help.**

The Village Store at Gosforth (The Lakeland Habit), Main Street, Gosforth, Cumbria CA20 1AS Tel: 019467 25232 www.thevillagestoregosforth.co.uk

The best kept secret in Seascale?

o you know where in Seascale you can commission a painting, have jewellery re-strung, order a quilt, have knitting made to order, get a house sign made or get that unique gift for a special person?

I bet for most of you the answer is 'No!'. Well I can help! You can get all these and much more from Neate Crafts. It's probably one of the best kept secrets in Seascale.

My name is Susan and I run my one-woman business, Neate Crafts.

I have lived in Seascale for about 22 years and work from a shed at the bottom of my garden on Santon Way. It is a lovely place to work when the weather is fine as it is up the steps, past the vegetable beds and past the little pond which is, depending on the time of year of course, usually full of wildlife such as frogs, newts, whirlygigs, pond skaters and the occasional dragonfly.

A Lancashire lass, I trained as a Fine Artist at Cheltenham college of Art, Gloucestershire but taught myself all the crafts I do.

I later became a designer at an Elizabethan manor house, Bramall Hall in Cheshire where I worked with a researcher to create a Pedigree Role with all the heraldry and did paintings of the former owners of the Hall.

I then moved up to Cumbria where I was Artist-in-Residence at Muncaster Castle. There I did varied work including heraldry, signs, paintings of everything from the castle, owls, to the gardens and supplying the gift shop with items such as prints and pottery with my artwork on, even helping give tours.

After moving to Seascale I set up my own business as Neate Crafts where I design and create everything. A few years ago I created a jungle mural in the children's cloakroom at Seascale school and each child wrote a letter to me saying which bit they liked best! I still have the letters.

I have also done children's bedrooms with murals and different themes and some interior design work which varies depending on what the client wants – I have done themes from Medieval to Japanese influenced rooms.



I have an online business www.neatecrafts.co.uk from where you can see and purchase a small selection of my work.

In September you will probably have seen the yellow and black road signs with 'C-art'. I participate in C-art every year. This is an event all across Cumbria where artists open their studios for two weeks in September for the members of the public to see where they work, although I am open all year round. My work ranges from original paintings and drawings in any style and medium and any subject from pets, people, landscapes, houses, still-life – whatever the client wants – unique jewellery, pyrography, interior design service and accessories, quilts and patchwork, knitted items ranging from made to order, shawls, bags, 3D hats, silk painted items, glass painted items, scented creations, wedding accessories, Vintage Twist items ... and lots more.

I have now added jewellery re-designing and restringing and knotting, re-upholstery, curtain and clothing alterations and curtain-making to my services.

Most items I produce can be personalised too.

I have had a few unusual requests over the years. I remember putting a name in pyrography on a temporary cross for a grave and designing and making socks but one had to be twice the size of the other and a certain shape to fit over a bandage.

Once I was asked to copy Chinese writing on a money box in pyrography. I was told it was a name – I hope it was!

Many years ago when I was still at college I was the representative for the art department when Prince Charles came visiting. I had a pass to get on the college road, a pass to get into the grounds and one to get into the building. Security was tight. But

just as Prince Charles came up to me asking me about my work outside was a man carrying a ladder – i think he was a window cleaner! It looked so comical with all the dignitaries in their finest and then a man in overalls with a ladder!

A small selection of craft kits and craft supplies are also available – please ask if you are looking for something.

I think I should explain what a few things are in case you are wondering.

'Pyrography' is wood-burning — it is a modern version of poker-work. I decorate items such as house signs, stools, egg cups and napkin rings. In fact if it's wood it can probably be worked on.

'Vintage Twist' is where I use modern materials in a vintage style or vintage materials updated and given a 'twist'.

'3D Hats'. These are very popular, just say what you would like and I design and create the item in 3D and attach it to the hand-knitted hats which are usually pull-on beanie style. I have made these in many sizes from baby to large adult. I have produced hats with many things including octopus, monkey, penguin, bees and even a plane for a pilot in France.

Everything is unique as they are designed and handmade by me.

If you are looking for quality, unique items, I can probably design and create them. There is no minimum order and I can cope with any size of order.

You can set a price limit and I will try and work to this. This is especially useful for weddings or Christmas or if you are setting up home.

Also I can create products in different styles. If, for example you were wanting a vintage-style wedding I can design and create accessories for it from invitations, wine glass markers, bunting, ring pillow, wedding sash/belt, jewellery, veil, garter, bridesmaid gifts, table decor ... whatever you want!

If you tell me roughly what you want I can probably make it!

I also do mail order so if you cannot get down here we can work it out through the post!

I can do rush orders but will not compromise on quality.

So, if you want to discuss or just look at my work then please contact me on 019467 27131 or email: susan194@outlook.com

or visit the website www.neatecrafts.co.uk

Please note that the prices on the website include postage so if you were to collect then it would be slightly less in most cases.

Susan

Neate Crafts, 39 Santon Way, Seascale. 019467 27131

hobby & pet shop gosforth

Following the closure of my shop I will be selling cross stitch kits and other craft items at craft fairs and markets in the future and I can supply a variety of DMC embroidery silks, at only 75p each

Please ring me if you need anything – including picture framing Paula 019467 25153 email: hobbyandpetshop@gmail.com

Muncaster Microbus Day Trips 2014

Date		Day	Destination	Price
October	25	Sat	Kendal	£9.50
November	8	Sat	Penrith	£10.00
	22	Sat	Carlisle	£10.00
December	6	Sat	Keswick/Cockermouth	£9.50
	10	Wed	Workington	£7.50
	20	Sat	Barrow-in-Furness	£9.00

Muncaster Microbus runs Whitehaven shopping trips on Tuesday and Thursdays which can call at Gosforth and Seascale. Details from www.muncastermicrobus.org.uk. Bookings: 01229 717229.



NEATE CRAFTS

39 SANTON WAY SEASCALE CUMBRIA

Tel: 019467 27131

Email: susan194@outlook.com

www.neatecrafts.co.uk

Bespoke, Hand-made quality gifts & crafts Ranging from:

Original Paintings, cards & prints
Unique jewellery, many styles
Pyrography & Wood
Wedding & Celebration accessories
House Signs
Knitting including to order
Interior accessories
Vintage Twist items
Curtain Making & altering
Clothing alterations
Jewellery re-design & re-stringing
Interior design & much more...Come & see!

NEATE CRAFTS

for unique, hand-made creations produced to your requirements, call for a chat!

Most items can be personalised.

Small selection of craft supplies and craft kits available







All rights reserved Copyright Susan Neate 2014



NEATE CRAFTS

Superfast Broadband

At a recent meeting with BT it was stated that the programme of rolling out the new infrastructure for Superfast Broadband (SFBB) by fibre optic cable is on schedule, to be completed by December 2015.

The project, as the name suggests, is a rolling one and soon as one area is completed detailed plans are made and implemented for the next.

In **Gosforth** the intention is to place new cabinets by Riggs Garage to serve 350 homes, at Meadowfield to serve 136 homes and at Petton Place by the tennis courts to serve 100 homes.

In **Seascale** there will be six new cabinets — one at Seascale Park , one at Wasdale Park, one at Gosforth Road and one near Pelleymounters. The locations of the other two cabinets has yet to be decided.

The finalised plans for **Drigg** will be available shortly but there will be a new cabinet near the present exchange building and from this coverage will be from new technology called Nodes. The exact locations are being planned.

Irton with Santon Parish will be getting two cabinets and there are ongoing discussions and planning as to the locations.

Eskdale will get a new cabinet in the area of St



Bega's but it is not decided whether the exchange will be upgraded.

Wasdale has not yet been planned.

BT has intimated that telephone exchanges as we have known then may be a thing of the past and confined to history. The future telecommunication system may be through a system of cabinets only.

Here's the rub. Locally you could see a rise in broadband speed when the cabinets are connected to the main telecom core, in other words they "go live", but unless you contact your Internet Service Provider (ISP) and purchase an upgrade to SFBB you cannot take advantage of the service. The extra cost should only be in the region of £5 per month and well worth that investment.

Brian Kennish

Northern Rail

Changes for train timetable directly affecting Seascale and Drigg this December are:

09.00 SO Preston – Morecambe retimed to depart Preston at 08.42 and diverted to Carlisle via Barrow, restoring the direct link on a Saturday morning from Preston to West Cumbria lost in the December 2013 timetable change.

10.40 SX / 10.43 SO Carlisle – Barrow retimed to depart 10.55. This is to allow a connection with the 09.24 Newcastle – Carlisle service which is currently missed by minutes (due 10.44). This change still maintains the connection at Barrow with the TPE service to Preston.

There are other changes to times between Whitehaven and Carlisle to improve connections at Carlisle to Newcastle.

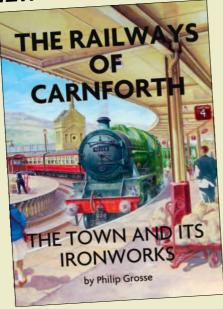
These are small but useful improvements, particularly to connectivity across Carlisle to / from the North East and restoring a through service from Preston to West Cumbria on a Saturday morning, ideal for day trippers, visitors to the Ratty etc.

Regrettably a rumoured extension of the 08.50 extending to Whitehaven is not to be implemented and is not on the list for this December's timetable

Changes are afoot for our rail operator. The bidders for the new Northern franchise have been announced. They are Abellio Northern Ltd, Arriva Rail Northern LTD and Govia Northern Ltd. Abellio Northern Ltd is in fact the current Northern Rail, minus Serco. Northern Rail is formally described at the moment as a joint venture between Serco and Abellio.

However, Serco said that the company intends to divorce from its joint venture partner, Abellio, the British arm of the Dutch state railway, when the new contract to run Northern Rail services starts in February 2016.

NEW from Barrai Books



The Railways of Carnforth

the story of this Town and its Ironworks told by Philip Grosse 180 pp hardback with photos, maps and track diagrams.

ISBN 978-0-9569709-1-6 **£25 (post paid UK)**

Also Available

The Furness Railway A History

the story of this proudly independent line told by Dr Michael Andrews 248 pp hardback with photos, maps and track diagrams

ISBN 978-0-9569709-0-9

£25 (post paid UK)

from: Barrai Books, 17 Railway Terrace, Lindal in Furness, Cumbria LA12 0LQ

www.barraibooks.co.uk

Egremont Swimming Pool

Winter Timetable 2014-2015



Wednesday 9.30 – 11.00

General Swimming
60+ Only
Adults Only & Baby
Fun Time
General Swimming
Lane Swimming

Monday

9.30 – 10.30	Aqua Tots
10.30 – 11.30	General Swimming
12.00 – 1.00	Adults Only & Baby
1.30 – 3.00	Fun Time
3.00 - 4.00	General Swimming
6.00 – 7.00	Seascale Club
7.00 - 8.00	Ladies Only
8.00 – 9.00	Adults Only

Thursday

9.30 – 11.30	General Swimming
12.00 – 1.00	Adults Only & Baby
1.30 – 3.00	Fun Time
3.00 – 4.00	General Swimming
7.00 – 8.00	Ladies Only

Tuesday

9.30 – 10.30	General Swimming
10.45 – 11.45	Shallow Aqua-Fit
12.00 – 1.00	Adults Only & Baby
1.30 – 3.00	Fun Time
3.00 - 4.00	General Swimming

Friday

9.30 – 11.30	General Swimming
12.00 - 1.00	Adults Only & Baby
1.30 - 3.00	Fun Time
6.30 - 8.00	General Swimming

Our

10.00 – 11.00	General Swimming
11.00 – 12.30	Fun Time

1 01946 821038



Sunday

Saturday

9.30 - 12.30	Family	Time
--------------	--------	------

C-ART IN SANTON

Four local artists enjoyed showcasing their works and working methods at the village hall in Santon Bridge over three weekends in September. Madeleine Warren, Gareth Harrison, Deborah Madell and Mick Blamires all exhibit regularly with the Art in Irton Group, and their exhibition was part of this year's Cumbria Artists Open Studios fortnight. Visitors were treated to a rich variety of contemporary artworks, whilst also being able to talk to the artists and view some works in progress. Look out for future events at the hall over the coming weeks, including a craft fair in November.





Isle of Man with Fish. Gareth Harrison

Madeleine Warren's Yellow Gorse.



Bark painting by Mick Blamires.

C	ollege days oı	nly								
	Stagecoach		Reays							
	30		6	20	6	20	6	20	6	
Seascale	07.45		09.25		11.25		13.25		14.52	
Gosforth	07.52		09.32		11.32		13.32		14.59	
Calderbridge	07.57		09.37		11.37		13.37		15.04	
Beckermet	08.01		09.41		11.41		13.41			
Egremont	08.06		09.51		11.51		13.51			
Egremont	08.06			09.56		11.56		13.56		
Whitehaven	08.27			10.15		12.15		14.15		
Lakes College	08.47									
										ollege days or
	Stagecoach	Reays	Reays	Reays	Reays	Reays			Reays	Stagecoach
	30	6	20	6	20	6	20	30	6	30
Maryport	07.20							12.50		16.50
Workington	07.42							13.12		17.12
_akes College								13.31		17.31
Whitehaven	08.21		10.15		12.15		13.45	13.51		17.51
WC Hospital	08.32							14.02		18.02
Egremont	08.45		10.35		12.35		14.05	14.15		18.15
Egremont		08.55		10.45		12.45			14.25	18.15
Beckermet		09.05		10.55		12.55			14.35	18.20
Calderbridge		09.09		10.58		12.58			14.39	18.25
Gosforth		09.14		11.04		13.04			14.44	18.29
		09.21		11.11		13.11			14.51	18.34

S α Ш CHARTERED



Adding Value - Talking Sense

- Accountancy
- Audit
- Taxation
- Payroll Services
- New Business Advice
- Independent Financial Advice
- Book-keeping services
- Retirement Planning
- Investments
- sage Software

www.robinsonco.co.uk

Offices in Gosforth, Workington and Whitehaven

Registered to carry on audit work in the UK by the Institute of Chartered Accountants in England & Wales and authorised and regulated by the Financial Conduct Authority for investment business.





Relaxed & Intimate

Our small relaxed and intimate dining room seats up to 26 guests including 2 additional private dining areas.

Our extensive à la carte menu which changes with the seasons is designed with a modern twist on traditional food, using local produce where possible.





For private functions we offer a table d'hote menu together with exclusivity of the dining room for the evening.

The restaurant is open from 7pm until 8.30pm Monday to Thursday and Saturday evenings.

GOSFORTH | SEASCALE | CUMBRIA | CA20 1HP t: 019467 25221

e: enquiries@westlakeshotel.co.uk

